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COMMISSION OF INQUIRY INTO THE
USE OF DRUGS AND BANNED PRACTICES
INTENDED TO INCREASE ATHLETIC PERFORMANCE

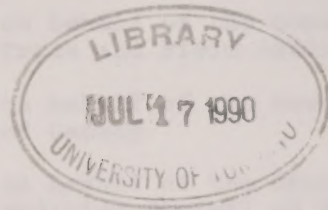
B E F O R E:

THE HONOURABLE MR. JUSTICE CHARLES LEONARD DUBIN

HEARING HELD AT 1235 BAY STREET,
2nd FLOOR, TORONTO, ONTARIO,
ON MONDAY, JUNE 12, 1989

VOLUME 57

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C O U N S E L:

R. ARMSTRONG, Q.C. Ms. K. CHOWN	on behalf of the Commission
R. BOURQUE	on behalf of the Canadian Track and Field Association
A. PREFONTAINE	on behalf of the Government of Canada
T. BARBER	on behalf of the Sport Medicine Council of Canada
R. McCREATH D. MANN	on behalf of the Canadian Olympic Association
R. McMURTRY, Q.C. A. PRATT	on behalf of Charles Francis
E. FUTERMAN L. LIPKUS	on behalf of Ben Johnson
D. SOOKRAM L. LEVINE	on behalf of Dr. M. G. Astaphan
D. O'CONNOR Ms. G. PINHEIRO	on behalf of A. Issajenko

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--- Upon commencing.

THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr.

Commissioner.

5 Before calling Mr. Ben Johnson as our next witness, I wish to make a brief statement as to why Mr. Johnson is being called at this stage of the proceedings.

 We, as counsel, have gone to great lengths, as you have, sir, to emphasize that this is not simply a
10 Ben Johnson Inquiry. However, when the government set up this Commission, among other things, you were charged with the responsibility to inquire into and report on the facts and circumstances surrounding the use of
 performance-enhancing drugs and banned practices by
15 Canadian athletes, including the cases involving athletes who were to or did compete in the Olympics Games in Seoul.

 It was therefore necessary for you to
 inquire into the facts and circumstances of the drug tests of certain weightlifters on the Canadian team who tested
20 positively just prior to the commencement of the Games in Seoul, and, of course, the facts and circumstances of the positive test of Mr. Ben Johnson at the Olympic Games themselves.

 As well, you were obligated to inquire into
25 whatever other facts there may have been with respect to

the use of drugs and banned practices by other athletes, including those who were to or did compete in the Olympics Games at Seoul, all of whom have now been heard from.

5 During the course of our investigation, we have been guided, sir, by your direction to strive to be fair to all parties. In that regard, we met with counsel from time to time before witnesses were called and made disclosure to them as to what we anticipated the evidence would be which may have affected the interests of their
10 clients.

 We also met to discuss other matters of mutual interest, including the order in which the witnesses would be called before you.

 In our early meetings with Mr. Johnson's
15 counsel, they requested that he be called after all the relevant evidence relating to Mr. Johnson had been placed before you. With the exception of one witness yet to be called who may relate to Mr. Johnson and after making disclosure of his evidence to Mr. Johnson's counsel, we
20 have been able to accomodate that request.

 Mr. Johnson's counsel are in agreement with Ms. Chown and me as Commission counsel that it is appropriate to proceed with Mr. Johnson's evidence at this time.

25 THE COMMISSIONER: Very well, thank you.

MR. ARMSTRONG: Thank you, Mr.
Commissioner. Then, Mr. Johnson.

THE COMMISSIONER: Stand over here.

MR. ARMSTRONG: Just step forward.

5 Maybe just so that doesn't disappear in his
pocket, it just goes on this way.

THE COMMISSIONER: You had a long time
figuring it out yourself.

10 MR. ARMSTRONG: I did; I finally got it
right today.

BENJAMIN JOHNSON SINCLAIR JR.: Sworn

--- EXAMINATION BY MR. ARMSTRONG:

15 THE COMMISSIONER: Mr. Johnson.

All right. Thank you, very much.

THE REGISTRAR: Okay. Thank you, gentlemen,
please leave the room now except for the pool
photographers.

20 MR. ARMSTRONG: Just while the camera
people are leaving and before we get underway, I am just
going to check one more thing and make sure that this is
on.

25 THE COMMISSIONER: Just give me a moment,
Mr. Armstrong, please.

All right. Mr. Armstrong.

MR. ARMSTRONG: Thank you, Mr.
Commissioner.

5

MR. ARMSTRONG:

Q. Mr. Johnson, as with the other athletes who have been called as witnesses, I wish to take a few minutes to review with you some of your personal background and history.

10

I understand, first of all, that you were born in Falmouth, Jamaica, on December 30th, 1961; is that correct?

A. Yes.

15

Q. And you have four sisters: Dezrine, Clare, Jean, Marcia, and one brother Ed?

A. Yes.

20

Q. And I understand from all of your life you have had a very close relationship with your mother and that when you were indeed a small baby of about two months of age you were sick with something called the Falmouth plague; is that so?

A. Yes.

Q. And your mother indeed nursed you back to good health; is that right?

25

A. Yes, sir.

Q. And then you were brought up in Jamaica until about the spring of 1976 when in April you came up to Canada in 1976 when you came with your sisters and one brother and moved up here with your Mom who was already
5 here; is that right?

A. Yes.

Q. Now, when you were in Jamaica and before you came to Canada, did you do any running in Jamaica?

10 A. Well, just on the grass with a bunch of friends. We play around the field, play soccer and just, you know, just normal kids would do.

Q. Normal kind of races that kids might become involved in just for fun rather than on a
15 competitive basis?

A. Yes.

Q. And in the first spring and summer that you were in Canada in 1976, did you get involved in any competitive running here?

20 A. Well, '76 is just where we came up the first year and we just trying to know the country and you know what's going on how things works until -- until the following year.

Q. All right. And your brother Ed, was a
25 sprinter in Jamaica and ran competitively in Jamaica

before he came to Canada with you; is that right?

A. Yes, sir.

Q. And indeed we, eventually, will hear a little more about your brother, but he eventually went on to Lamar University in Beaumont, Texas on a track scholarship?

5

A. Yes, sir.

Q. After finishing his schooling down in Texas, he became a minister or preacher; is that so?

10

A. Yes.

Q. And he still lives down in Texas today?

A. Yes, sir.

Q. All right. Now, when your brother came to Canada back in the middle seventies, in 1977 or thereabouts, he began to train in track and field under Charlie Francis; is that so?

15

A. Yes.

Q. Was that with the Scarborough Optimist group or what became the Scarborough Optimist group up at Lawrence Park Collegiate?

20

A. Yes.

Q. Now, at that time, in 1977, in the spring of 1977, you were a student at Pierre LaPorte Junior High School?

25

A. Well, at the time I was going to

Yorkdale, at the time.

Q. I see. Back in '77?

A. Yes.

Q. All right. And did you start in that
5 second year that you were in Canada that spring to do some
track and field competitions at the school and against
other schools?

A. Yes. I remember the first time, you
know, we met Charlie Francis was back in '77 where my
10 brother and I met him. And we just discussed how joining
a track team to train with all the guys. So, that's where
I first met Charlie.

Q. Your brother was there with Charlie
Francis ahead of you, and I understand it was because you
15 had started to win some ribbons at your local school that
he thought it would be a good idea if you came along and
joined the Scarborough Optimist track club and be coached
by Charlie Francis?

A. Yes.

Q. All right. And how did you do that
20 first summer working under Charlie Francis?

A. The type of workout was very hard. You
know I was the youngest guy there, and I was trying to
keep up with all the guys. So, I was running some 300
25 meters and 400 meters, and I was very hurting.

So, I told Charlie that I am tired, I want to go and sit down. And he came over to me and asked me what's wrong. I said my legs are very weak. So, he comes back and give me a shorter workout to do, much shorter so I can be comfortable with it.

Q. All right. And we know, of course, that under Mr. Francis you persevered that summer.

And I can't hesitate to ask you, and I will, did you think in that summer of 1977, was it your goal then to become the fastest man in the world?

A. Well, apparently, like I said before, training was so hard for me, I quit for about a week or so. And Charlie got upset and told my brother that sometimes the kid might be very good in the future if he comes out and started trains seriously. And my brother came back home and told me that my coach wants -- his coach wants me to come out and start to train.

Q. So, you had stopped training for a period because it was you were finding it a bit tough?

A. Yes.

Q. And Mr. Francis thought you should come back?

A. Yes.

Q. And you did?

A. Yes. So, my brother and I sit down and

we talked and I told him okay, I give it a try. And Charlie give me a workout to do something where I can easy -- will train and finish my workout.

5 Q. So, I guess at that time you were going out with your brother and you were just going to make the track team and see where things went from there?

A. Yes.

Q. Now, I want to take a few minutes here just to go through some, and I emphasize some --

10 THE COMMISSIONER: Excuse me. How old were you when you started with Mr. Francis?

THE WITNESS: I was 14 years old.

THE COMMISSIONER: Fourteen?

THE WITNESS: Yes.

15

MR. ARMSTRONG:

Q. I want now to take a moment to touch on some of the highlights of your competitive career which seem from a competitive point of view to start at about 20 1980 where at the national indoor championships in Canada in 1980 you placed first in the 50 meters; is that correct?

A. Yes, sir.

Q. And then in 1980, we know that that was 25 an Olympic year but that Canada, with regret, did not go

to the Olympics, but did you make the Canadian Olympic team that was selected that year?

A. Yes, sir.

Q. And you, like many of our other
5 Canadian Olympic athletes, did you compete in a number of alternative Olympics meets in West Germany, Philadelphia, and so on?

A. Yes. That was in the same year I first
10 met Charlie was Junior Pan Am in Sudbury. That was the first year we met.

Q. Let me just cover a couple of these alternative Olympics meets first.

In the summer of 1980, you ran in West
15 Germany, and an alternative Olympic meet, placing second in the 100 meters; do you recall that?

A. Yes, sir.

Q. And a second -- you were also involved
in the same meet in the 4 X 100 relay team where the Canadian team ran second?

A. Yes.

Q. And then there was an alternative
20 Olympic meet in Philadelphia in which you were a member of the 4 X 100 team in which your team again placed second; is that correct?

A. Yes, sir.

Q. And then looking at the competitive history provided to us, in the Pan American Junior championships you ran the 100 meters and placed sixth running in a time of 10.88; is that correct?

5

A. Yes, sir.

Q. And that would have been the first time that you ran against Carl Lewis?

A. Yes, sir, 1980.

10

Q. And how did he do in that race, do you recall?

A. He wins all four: long jump, 100 meter, 200, and 4 X 1 relay.

Q. So, he won all four of those events --

A. Yes.

15

Q. -- at the Pan American Junior championships.

Then moving along to 1981, in the national outdoor championships you were second in the 100 meters; is that right?

20

A. Yes.

Q. Running 10.79. Then that year you were also on the Canadian team for the world cup trials where you placed second again in the 100 meters?

A. Yes, sir.

25

Q. Then that year as well there was a

Canada-USA dual meet where you placed first in the 100 meters, and your relay team in the 4 X 100 finished first. Do you remember that?

A. Yes.

5

Q. Then also in the national outdoor championships, moving along to the next year in 1982, you were second in the 100 meters, second in the 200 meters, which has become I guess now an unusual race for you, you don't run the 200 --

10

A. That's too far.

Q. It's too far, is it, all right. And in 1982, when you came second in the national outdoor championships, I take it that probably Desai Williams was number one, was he?

15

A. Yes.

Q. All right. And then you were on the European circuit that summer as well and you finished first at Berne in the 100 meters, again a member of the Canadian 4 X 100 relay team that finished first; is that correct?

20

A. Yes, sir.

Q. Also, of course, in 1982 you were a member of Canada's team in the Commonwealth Game; is that so?

25

A. Yes, sir.

Q. And you got a silver medal in the 100 meters --

A. Yes, sir.

Q. -- in Brisbane, Australia?

5

A. Yes.

Q. And then also you were a member of the Canadian relay team, 4 X 100, that as well got a silver medal?

A. Silver.

10

Q. And your time in the 100 meters in the Commonwealth Games was 10.05.

And moving along, Mr. Johnson, to 1983, in the national outdoor championships for some inexplicable reason here I see you dropped three places in the 100 meters, maybe that's a clerical error, I don't know, but in any event you were third according to this sheet, is that correct, in 1983?

15

A. Yes.

Q. All right. And then on the European tour in West Germany in an international meet again in the 100 meters you placed first; is that so?

20

A. Yes, sir.

Q. Then 1983 was also the year of the first IAAF world championships in Helsinki and it looks like that wasn't a great time for you.

25

Q. But let's put it on the record. You ran the 100 metres and placed 12th, is that so?

A. Yes.

5 Q. And then did you go to the PanAmerican Games in 1983 in Venezuela?

A. Yes, I did.

Q. And again in the 100 metres, you placed sixth and in the 4 x 100 metre relay team of which you were a member, there was a fourth place finish?

10 A. Yes.

Q. That's correct, thank you. Then, Mr. Johnson, moving along to 1984 at the national indoor championships, a first place in the 50 metres; is that correct?

15 A. Yes, sir.

Q. Then in the national outdoor championships in '84, you placed first?

A. Yes.

20 Q. And that's I guess where you have been ever since as far as the national championships in Canada are concerned?

A. Yes.

25 Q. Then you of course were a member of Canada's Olympic team in Los Angeles in the summer of 1984?

A. Yes.

Q. Again running the 100 metres, receiving a bronze medal for third place and the 4 x 100 relay receiving the bronze medal again for third place; is that
5 so?

A. Yes, sir.

Q. Then also after the Olympic Games, it appears you did the usual European circuit with a third place finish in Zurich, a second place finish in Koln in
10 the 100 metres; is that so?

A. Yes, sir.

Q. Then let me take you along to 1985 where again you seem to have had an excellent indoor season. Moving to the early European outdoor season, it
15 appears that in a series of 100 metre races at Furth, West Germany; Vienna, Austria; Prague, Czechoslovakia, you finished first each time in the 100 metres?

A. Yes.

Q. And then in the national outdoor
20 championships, you placed first again in the 100 metres and you seem to have snuck back into the 200 metres and finished first so it wasn't too far to run that day.

A. No.

Q. Okay. And then in -- let me move you
25 along to some of the highlights in 1986. In January of

1986, you were at an indoor meet in Osaka, Japan, where you had a world best time in the 60 metres of 6.50?

A. Yes.

Q. And then during the outdoor season,
5 what now appears to be a habit, a great number of first place finishes in the 100 metres at the Bruce Jenner Classic in San Jose, California, the national outdoor championships in Canada, and then of course the Goodwill Games in Moscow where on the evidence, as we've heard it,
10 you were a special guest in the Goodwill Games that ordinarily takes place between the United States and Russia; is that so?

A. Yes, sir.

Q. And that, of course, is an historic
15 race for you because that, I believe, was -- was that the first time you ran in the 100 metres and beat Carl Lewis?

A. I had beat him in San Jose earlier in that year.

Q. In the Bruce Jenner Classic?

20 A. Yes.

Q. And then in the Goodwill Games in Moscow, running at a time of 9.95, you were first and Lewis was second?

A. Yes -- third.

25 Q. Third?

A. Yes.

Q. And then 1986 was also a Commonwealth Games year in Edinburgh, and you received the gold medal in the 100 metres. You ran the 200 metres, placed third,
5 and the 4 x 100 relay team of which you were a member, you and your team received the gold medal?

A. Yes, sir.

Q. And then after Edinburgh, there seemed to be the usual races in Europe, again involving a first
10 place finish in the 100 metres in Zurich, Brussels, Italy and so on. Is that all in accordance with your memory of back in '86?

A. Yes.

Q. Then, Mr. Johnson, you were back in
15 January of '87 at Osaka for the Japanese International Indoor Meet where you set a world record for the 60 metres in a time of 6.44 seconds; is that correct?

A. Yes, sir.

Q. And then in '87 - I could probably go
20 on for a long time, but I'll try to just pick out some of the highlights - in the Ottawa International Indoor Games in the 50 metres, again you set another world record in the time of 5.55?

A. Yes, sir.

25 Q. And in the national indoor

championships in the 60 metres, you finished first and the -- about two weeks later in the world indoor championships in the 60 metres, you set another world record running in a time of 6.41; is that correct?

5

A. Yes, sir.

10

Q. Then in '87, of course you were again our 100 metre champion running at a time of 9.8 at the national outdoor championships in Ottawa. You again ran the 200 metres ranking first in a time of 20.93, did your usual European tour, with again a number of first place finishes. And indeed in the outdoor season and individual races in which you ran, you have competed 22 times and won every single race; is that so?

15

A. That's right.

Q. Then, Mr. Johnson, in 1988, you -- of course I can't pass '87 --

THE COMMISSIONER: You missed Rome in '87.

MR. ARMSTRONG:

20

Q. -- without making note of the fact that on August the 30th, Sunday, August the 30th, 1987, you ran in Rome against Carl Lewis and set the world record of 9.83?

A. Yes, sir.

25

Q. All right. Then, Mr. Johnson, in 1988

at the Hamilton Spectator Games, you set a world record in the 50 yard sprint finishing in a time of 5.20; is that so?

A. Yes, sir.

5 Q. And then we know '88 was a troublesome year for injuries, and we will hear more about that later, but in the national outdoor championships in Ottawa last August, you again finished first, running in a time of 9.90, was it?

10 A. Yes, sir.

Q. All right. And then of course there was the -- there were the competitions in Europe in August of 1988 and the Seoul Olympic Games, about which we will hear more when we get to that part of your evidence.

15 Just to sum up, if I can, in one place because I think it would be helpful for you, sir, Mr. Commissioner, to have it. Mr. Johnson, I'm just going to ask you about, so that we have it in one place, your world records which are in 1987 Rome, the world record in the
20 100 metres 9.83; 1987 Indianapolis, the world record in the 60 metres at 6.41; 1987, the world record indoor in the 50 metres in Ottawa, 5.55; in 1988, the world indoor best time for 50 yards of 5.15.

And then, Mr. Johnson, I wanted to review
25 with you some of the individual honours that have been

bestowed upon you as an athlete. First of all, in 1987, you were chosen as the best athlete of 1987 by the Zurich Sport Journal Poll; is that so?

A. Yes, sir.

5

Q. And then in 1987 and indeed '86 and '85, you were chosen as the Male Athlete of the Year by the Sport Federation of Canada, and in 1987 and 1986, you were chosen the Outstanding Male Athlete of the Year by the Federal Government in the Federal Government's Tribute to Champions; is that so?

10

A. Yes, sir.

Q. And in 1987 and '86, you were chosen as having the best performance of the year by the Track and Field News. Also in 1987 you were chosen by L'Agence France Presse, my apology for the pronunciation, as the Top International Sport Personality of the Year; is that so?

15

A. Yes, sir.

Q. And then in 1987, you were also chosen as the World's Top Athlete of the Year by the Soviet news agency Tass?

20

A. Yes, sir.

Q. And in 1987, you were the Male Athlete of the Year as chosen by United Press International, the Top International Sports Story of the Year by Associated

25

Press and the Male Athlete of the Year by Associated Press, and in Canada chosen for the prestigious Lyle Conacher Award as Male Athlete of the Year by the Canadian press in both 1987 and 1986; is that so?

5

A. Yes, sir.

Q. All right. And then in 1988-'87, you were chosen as the Indoor Athlete of the Year by Track and Field News, and in 1988, you received the prestigious Jesse Owens International Trophy Award; is that correct?

10

A. Yes, sir.

Q. All right, believe it or not, those are just the highlights, and we can go on for quite a while, but we have some other questions that I wanted to ask you, Mr. Johnson.

15

Now apart from competing with the Scarborough Optimist Club and Canada's national team under Charlie Francis, did you, like some of the other members of the club, also from time to time compete on your school team?

20

A. Yes, sir.

Q. And I understand that the way it worked, from speaking with you earlier and also from the evidence of other athletes, that you really trained the year round with Mr. Francis, but that if your school was in a track meet, then you would run for your school team?

25

5 A. Quite normally, I usually would run for my team and normally if we won the race, we would get points to win overall trophy of that year, and I was the only one to make up for those points that we lost early in these mixed events where -- we normally lost in the long jump or high jump where we don't have any good people in that type of a class. So I would make it back for the 100 metre, the 200 metre and the relay so we get points back to be first overall.

10 Q. And so you kind of brought what, the Yorkdale Secondary School track team over the top in a number of these track meets with your first place finishes in the 100, 200 and the relay; is that it?

 A. Yes, sir.

15 Q. And while at Yorkdale, you developed a close relationship with Ms. Linda Nickel who was a member of the physical education department there and also one of the track coaches; is that so?

 A. Yes, sir.

20 Q. Now, but over the last 10 or 11 years from 1977 when you first went up to Lawrence Park Collegiate with your brother to meet Charlie Francis, he really has been your one and only track coach?

 A. That's right.

25 Q. And how would you describe in your own

words your relationship with Mr. Francis?

5 A. Well, we first met in '77. He was competing for the Canadian team and he got huge legs and I tell him that I want my legs to be like his sometime when I was training. He is a nice person. He comes from a good family. His mom is very nice. I met his mom. His dad passed away. Charlie was very nice to me. He would be nice to me so we had a good relationship.

 Q. And did you respect Mr. Francis?

10 A. Yes.

 Q. And did you trust him?

 A. Yes, sir.

 Q. And until a year ago, we have heard a lot, Mr. Johnson, in the evidence -- not a lot, but we've heard some in the evidence about an argument that you and Mr. Francis had last June in Italy, which I'm going to ask you about later, not now, but apart from that disagreement that you had briefly last June in Italy, did you ever really have a serious disagreement with Charlie Francis?

15 A. Well, that was the biggest one because, you know, I was hurt in Tokyo and the team was going over here for a training camp, and he asked me that I should come because Waldemar is going to be there and he's going to be treating my legs, and I told him that I'd been carrying around my suitcase for six weeks and, you know,

25

the injury and plus the Olympic Games is coming up very shortly.

Q. All right. We're going to come back to that in a little while, but apart from that one major argument, if we can put it that way, you and he got along pretty well I take it?

A. Yes.

Q. And indeed you went to his parent's home in Rosedale or downtown Toronto and met his parents from time to time?

A. Well, normally we would just go there to have a few -- work us in the legs and, you know, it was pretty good.

Q. Now, I wanted to ask you some questions maybe about your own training program. We heard from one or two of the other athletes of what kind of training program that they involved themselves in, and we certainly have also heard some evidence here about how tremendously hard you worked during the course of your training program.

Q. So, if we were to go back to say just prior to the 1987 season, if we were to take say the fall of 1986, just prior to your big year when you won so many races and you were running more or less free of injury, could you tell us what might be involved in an ordinary training day for you?

A. Well, normally we train six days a week. First day we spend a lot of time doing weights, you know, the massage, and drills.

And, you know, when I normally come to the track, you know, Desai, Mark and Angie, stuff like that they talk before they do the workouts. I come to the track, get my work done and go home, I don't hang around the track. I am just there to do my job as a runner.

Q. So, if I could put it another way, when you come to the track and work out, you are all business, you do your work out and you leave?

A. Yes, sir.

Q. All right. Now let's just take a moment though to see what might be involved in those five hours a day, six days a week. You do a warm up, would you?

A. We do a jog maybe two laps of the field, then we do exercise, and then we do a drill called running A's and B's and skips. And then we go into our

workout.

Q. All right. And I got in a little trouble when I was asking Angella Issajenko about the A and B drills, but they are some kind of a running-skipping
5 procedure that you go through prior to actually doing your speed work?

A. Well, drills will help you with your performance in 100 meters, like techniques or co-ordination and those things.

10 Q. All right. Then after you did your warm up, your exercise, your A and B skipping drills, would you then go into actually sprinting either 100 meters or 200 meters or 300 meters? What would be involved?

15 A. Not 200 meters, too far, maybe you know, 120, 80 meters, 100 meters, short distance, but very, very fast. Short and quick.

Q. And you, I take it, obviously must have spent a lot of time working on speed?

20 A. Speed is my most concern.

Q. You were telling me yesterday when we met briefly that there is a little bit of difference between the kind of speed training that you do and maybe some of the other athletes do, like Angella Issajenko,
25 that she concentrated more on explosive type of training

is the way I think you put it; is that right?

A. Yes, sir.

Q. And just take a moment and tell the Commissioner what the difference is between say your speed
5 work and what she would be doing. What sort of things would she do that you wouldn't do?

A. Well, Angie will normally do a lot bounding, a lot of frog jumps.

Q. Bounding?

10 A. Bounding, a lot of frog jumps.

Q. Yes, frog jumps?

A. Frog jumps, a lot of, you know, hills.

Q. Yes.

15 A. I do hills too, but is for me in my mind is less, isn't worth the time. I -- speed and power is the key of running fast. And so that's what I do.

Q. Okay. Now, you were telling, Mr. Futerman and me yesterday that part of your training back over the years, and particularly in this 1987 year that
20 you had, was that Mr. Francis would take you and others up to north of Woodbridge, somewhere in Pine Valley, and you would actually run up a hill for a distance of 80 meters?

A. We run up a hill. The hill is about 80
25 meters long. And we run up about maybe 8, 10 times. I mean I usually run about eight or nine seconds up the

hill. So, that is pretty fast.

Q. What you were doing is you are running 80 meters in eight or nine seconds up a hill.

A. Yes.

5

Q. And how many of these would you do?

A. I would do about 10.

Q. They would be one right after another?

A. We would take a break maybe about sometime half an hour, it is very hard.

10

Q. All right. Now, another part of your training that we have heard so much about during the course of this evidence, particularly from Mr. Francis, is the weight training that you do.

And what is involved in your weight training?

15

A. Every day I do weights. It's not one single day I haven't done weights at all. If I come to the track and I don't feel like workout, I told Charlie I don't feel like training because we train so hard and come to the track and I will sit down and watch the rest train. And I will just go to the weight room and just do a few weights and go home or get a massage. But normally we do a lot of the bench press, that are clean squat, I squat 600 pounds. I can bench 420 at the time. I am still in good shape, I am still doing the same thing right now.

20

25

Q. And normally the weightlifting or weight training that you would do would last over a period of what, about two-and-a-half hours?

5 A. About two-and-a-half hours. The type of training I do in weights is to help my arms action, my arm movements to bring me through over the last 40 meters of the 100 meter.

10 Q. So, that was obviously then a big part of almost half of the time you would spend each day training would be involved in actually weightlifting and working on strength?

A. Yes.

15 Q. So, as you indicated earlier, much of the of your focus, if I can put it that way, your attention in training would be focussed on speed and strength?

A. That's correct.

20 Q. Speed running the short distances one after another, and strength lifting these weights over a long period of time each day?

A. Yes, sir.

Q. And then, of course, we have heard also that an important part of the training after it's all over which sounds like the best part for me is the massage?

25 A. Yes. After training so hard, then it's

nice to sit down and let, you know, get a massage.

Q. All right. And so during the course of your running career up to the time of the Olympics, would that be a fair description that we have just gone
5 through of when you are actually in training six days a week that kind of attention each day, five hours of workout, six days a week?

A. Yes, sir.

Q. All right. Now, over the years has
10 your training program like so many other athletes included taking vitamins on a regular basis?

A. Well, we normally take a lot of vitamins because some of the people burn up like 6,000 calories a day. I burn up 6,000 calories, some burn up
15 like three or 4,000 calories. So, we train very hard and --

Q. Let me just stop you there because sometimes you talk quite quickly. I think you were saying that you burn about --

A. -- 6,000 --
20

Q. -- 6,000 calories a day --

A. Yes.

Q. -- from your training?

A. Some burn up two to three, I burn up
25 like 6,000 calories a day. So, the vitamins I normally

would use is Power Pack where most of the body builders use to recover your type of training and workouts.

Q. You have described something as a Power Pack, and I have it here. This has been marked. Mr. Futerman brought this and that was marked as Exhibit 120.

Is that the Power Pack containing various vitamins that you would take on a regular basis?

A. Yes, sir.

Q. All right. And the idea for taking the vitamins from your point of view would be to buildup whatever you may have lost through your training each day?

A. Well, not only buildup weight lost, just to add more recovery in your workouts, and you don't catch any cold or your body don't run down so you come back the next day to train more properly again.

Q. Now, over the years what about diet? Was there any special diet that you have been on over the years, or are you fortunate in that you don't have to watch your diet too much?

A. Well, if you are burning 6,000 calories a day, you can't get it on, you know.

Q. And I think you were good enough to point out to me yesterday, and I hope this doesn't sound like a sexist remark, but that the women seem to be much more interested and careful about watching their diet than

you and some of the male runners were?

A. Yes, sir.

Q. All right. Then, Mr. Johnson, I am going to turn to the subject of the use of drugs by you during your track career. And I am going to start first of all with the year 1981. And during the course of my questions I am going to describe to you some of the evidence that some of the other witnesses have given and just ask for your comment from time to time.

Mr. Francis has testified that in the summer of 1981, he believed you were on the threshold of breaking in to the top international group of runners. And he said he sat down with you and talked about your training program. He said that you discussed cutting out some of the 300 meters runs that you were doing at that time. You indicated that you had wanted to work on your speed, run shorter distances.

And he said that during the course of that conversation he raised the subject of steroids and the fact that your competitors were using steroids. And he said that it was his opinion that steroids would help you. And in particular, he discussed with you a steroid called Dianabol.

Now, do you ever remember, going back to 1981, having a discussion with Mr. Francis about steroids

in general and a drug called Dianabol in particular?

A. Well, at the time I heard the name, yes, but I never discussed anything with him.

I remember the first time we discussed drugs
5 is when he bring me outside the fence where I was training
and he talked about the whole world is using drugs and the
only way I am going to get better is to take it. And at
the time I didn't -- I didn't say yes or no. I just hear
what he had to say. And he say, think about it, and I
10 will let him know, I didn't come up to him and say I want
to go on it, but hear, yes.

Q. Now, you say the first time you were
ever discussing drugs with Mr. Francis was he was outside
the fence and you were running in the track, were you?

A. Well, I was doing my type of workout,
15 and he called me over to the fence and asked me if I wants
to go, he wants -- the whole world is taking these drugs
and the only way I am going to be better is to take the
drugs.

Q. Mr. Johnson, when was that? Would that
20 be back in the early eighties sometime?

A. Yes.

Q. Or '81?

A. Could be '82, '83.

Q. All right. And was this up at York
25

University?

A. Yes, sir.

Q. And your response was just you didn't say anything then?

5

A. No.

Q. And Mr. Francis has said that back in 1981, and probably the late summer or early fall, he went with you to the office of a Dr. Koch. And do you remember going with Mr. Francis in the late summer-early fall of 1981 to Dr. Koch's office?

10

A. Yes, sir.

Q. And what do you remember about what Mr. Francis said before you went off to Dr. Koch's office? I take it it was his idea, was it?

15

A. Yes. Well, he come to the track and he said to me one day he wanted to take me to his doctor. And I said I don't want to go because I have my own family doctor, so why would I want to go see his doctor for. He didn't say what I was going there for. Anyway, we end up going there. And I ended up meeting this guy, fellow, and we talked.

20

Q. Okay. Before we move on to your talk with Dr. Koch and Mr. Francis, just so that I have it, he told you he wanted to come with you to see his doctor and you said, well, I don't need to go to a doctor, because I

25

have my own family doctor; is that correct?

A. Yes, sir.

Q. And did he give any reason then why he then wanted you to go to see his doctor?

5 A. No. He didn't tell me anything.

Q. And you agreed to go?

A. I did, yes.

Q. At that time why did you think you were going to see his doctor with him, did you know?

10 A. Maybe some kind of injuries or something like that.

Q. Do you know now thinking back whether or not you had yet had this conversation with him that you referred to when you were doing your training and Charlie Francis came over to the fence and made the suggestion --

15

A. There could be something there.

Q. -- that all the world was doing drugs and perhaps I am putting it too broad.

THE COMMISSIONER: I think he's answered it. What did you say, Mr. Johnson, it could be the same time? I didn't hear what you said.

20

THE WITNESS: I said it could have been the same time.

THE COMMISSIONER: Yes.

25

MR. ARMSTRONG:

Q. So, it could have been right around that time that Mr. Francis had that conversation with you and then you went off to see the doctor?

5

A. Yes, sir.

Q. All right. And then you went to Dr. Koch's office and you remember his office was over here in Toronto along at the corner of Bloor Street and St. George not far away from Varsity Stadium?

10

A. Yes.

Q. And what do you remember of what went on in Dr. Koch's office?

15

A. Well, we met. Charlie was doing most of the talking. I sit down on a chair and just listen to the conversation and stuff like that. I never said yes or no I wanted to go on the drugs or whatever they were talking about.

Q. But were they talking about drugs?

A. I don't remember.

20

Q. You don't remember. And Mr. Francis when he was a witness here said that there was a discussion about this steroid called Dianabol. Do you remember the word Dianabol or the drug Dianabol being mentioned in Dr. Koch's office?

25

A. Yes, sir.

Q. You do?

A. Yes.

Q. Mr. Francis has said that there was
some discussion about what the possible side effects might
be of taking Dianabol. Do you remember any discussion
with Mr. Francis and the doctor about possible side
effects of taking Dianabol?

A. No one told me any side effects at all.

Q. Nobody told you any side effects at
all?

A. No.

Q. Now, Dr. Koch has also testified, and
he has said that he thinks that he said to Mr. Francis in
your presence that if the Dianabol or steroids were taken
in small enough doses that the side effects would be
minimal or not great. Do you remember any kind of
discussion like that?

A. No, I don't remember.

Q. All right. And both Mr. Francis and
Dr. Koch have said that there was some discussion about
whether or not steroids in fact would do any good to help
you with your running and make your performances better,
and that Dr. Koch expressed the view he didn't think they
really would help. Do you remember that?

A. No, not at all.

Q. In any event, Mr. Francis' evidence was that after that meeting that you made no decision about whether or not you would take drugs, but that you wanted to think about it.

5 Now, you have said parts of this discussion you don't recall, but do you ever recall going away from that meeting and at that time saying to Mr. Francis or to Dr. Koch, "well, I want to think about whether I will go on drugs or not", anything like that happen at that time?

10 A. Well, they were talking about drugs and I wasn't -- wanted to be a part of it, so I left.

Q. They were talking about drugs?

A. Yes.

15 Q. And you weren't going to be a part of it so you left?

A. Yes.

Q. And did you and Mr. Francis leave together?

A. Yes.

20 Q. Now, Mr. Francis also has testified that in the fall of 1981 during the training period leading up to the 1982 season that you made a decision to go on steroids, and that you went on a program of Dianabol tablets and at the same time Desai Williams, Tony Sharpe,
25 and Angella Issajenko were on a program of Dianabol

tablets.

What do you say about that, Mr. Johnson?

A. He could be right, yes.

Q. Now, we have had some evidence that
5 Dianabol tablets are blue tablets. And going back to the
fall of 1981, do you remember being given by Charlie
Francis some blue tablets to take?

A. I was receiving some blue tablets and
also with some of -- on my vitamins was taking. So, I was
10 taking a bunch of vitamins so I didn't aware of -- but it
could be -- I know I seen some blue tablets there, yes.

Q. And did the blue tablets come from Mr.
Francis?

A. Yes.

Q. The vitamins such as the -- how long
15 have you taken the Power Pack? Have you taken that sort
of since you began running back in the late seventies?

A. No, I started to take this Power Pack
about '85. Normally we go to a vitamin place and buy B
20 compound, B 12, vitamin C, calcium, and so forth.

Q. So, before that you were taking
individual vitamins that you would get?

A. Yes.

Q. Now, would you make the decision
25 yourself as to what vitamins you would take such as you

have mentioned vitamin B compound, vitamin C, calcium?

A. Well, from time to time Charlie will ask me how I feel. I said, you know, I feel tired or he asked me if I am eating properly, and getting enough rest,
5 or taking my vitamins, or he will write down a few vitamins to take, I would go and buy them or he would go and buy some for me and bring back to me to take, yes.

Q. And so prior to '85, that's the way things worked then. You and he would discuss what
10 vitamins you were going to take, he sometimes would write them down, you would go off to the store and buy them and take them?

A. Yes.

Q. Going back to 1981, and the fall of
15 1981 when Mr. Francis says that you first went on a program involving Dianabol, these little blue tablets, he said that you would take them for three weeks, then you would be off them for three weeks, and then you would go back on them for three weeks.

20 So, do you remember being on a kind of cycle like that for a period of time during the fall?

A. Yes.

Q. And those would be again the little
25 blue tablets. Did you understand then that blue tablets were steroids?

A. No. Well, Charlie is my coach and if Charlie give me something to take, I take it. You know, that's the way it was supposed to be, that's how it was to be.

5 Q. Did you understand that the blue tablets were banned, that you weren't supposed to take them?

A. No.

Q. You didn't understand that?

10 A. No, I didn't understand. I mean no one told me that they were banned or, you know, that was bad for any side effects.

Q. Well, I wasn't talking about the side effects. When I talk about side effects I think about, 15 you know, what the tablets or drugs might do to your health. But when I talk about drugs being banned, I think about the fact that the Canadian Track and Field Association and the IAAF, and, indeed, the IOC say you can't compete and take those drugs. Did you understand --

20 A. No, no, no.

Q. -- at that time?

A. No, no.

Q. Okay. Now, do you ever remember a discussion back in 1981 with Charlie Francis about 25 something called clearance times, that is you had to stop

taking the drugs and be free of them or clear of them for a certain number of days before you competed?

A. Yes, sir.

5 Q. And that was something that was discussed with him?

A. Yes.

Q. And with Dianabol, it was discussed, was it, that these or pink -- or, sorry, blue pills, that the clearance times was 28 days. Do you remember that?

10 A. He didn't -- he didn't discuss anything like 28 days. He know when to give me the pills or when to go off them. So, I always would go whatever Charlie says.

15 Q. So, he would make a point of telling you when you would take them and when you would go off them and stop taking them?

A. Yes.

20 Q. You understood that you had to stop taking them at a certain time before you could start running in a competition?

A. Yes.

25 Q. Now, did that not indicate to you that maybe you shouldn't be taking these because they had to be out of your system so that when you were tested they wouldn't be found in your system?

A. Well, it crossed my mind, yes, but I didn't really pay any attention.

Q. It came to your mind?

A. Yes.

5

Q. And back in 1981 I understand you weren't always tested in every meet you ran in, but you would be tested in some meets would you not?

A. Yes, sir.

10

Q. And you knew when you would be testing that -- when you would be tested that you were being tested to find out if there were any banned drugs or substances in your system?

A. Yes.

15

Q. Then, let me move along with you, Mr. Johnson, to the spring of 1982. Again during the training season in 1982 which we now have learned is about March, April in that period, Mr. Francis has told us that you together with Tony Sharpe, Angella Issajenko, and Desai Williams did another similar cycle of Dianabol or these blue pills. Would you remember that that was something, I know it's a long time ago, but back in 1982, that spring, that there was another cycle of these blue pills?

20

A. Yes, sir.

25

Q. And again it would have been much the same, that is taking them for three weeks, resting, or not

taking them for three weeks, and then another three weeks, something like that?

A. Yes.

Q. Now, Mr. Johnson, in the summer of 1982
5 towards the end of July or the beginning of August at the
time of the nationals, and I am sorry I don't know where
they were held in 1982, whether it was Ottawa, but at that
time Mr. Francis has testified that he got some Stanozolol
or Winstrol tablets from Bishop Dolegiewicz, and that he
10 gave a bottle of Winstrol to Angella Issajenko, a bottle
of Winstrol tablets to Tony Sharpe, and a bottle of
Winstrol tablets to Desai Williams, and also a bottle of
Winstrol tablets to you.

And I am just going to show you some
15 Winstrol tablets. These are some Winstrol tablets
contained in a little white vial and it says Winstrol on
the label. And these are some pink pills. And the pink
pills have a little line across one side and W on the
other side.

20 Do you remember back in the summer of 1982
Mr. Francis giving you some, a vial of Winstrol tablets
like those?

A. Well, possibly, he didn't give me a
vial, he give me one in my hand and said take this, yes.

25 Q. All right. And --

A. I didn't know that Bishop was involved in this. I didn't know where Charlie was getting his drugs from, so, you know, it is new to me.

5 Q. Well, did he give them to you just in his hand or did he have them in an envelope?

A. He gave them in my hand, in my hand.

Q. When he gave you pink tablets like these, did you understand that they were Winstrol tablets?

A. Yes, yes.

10 Q. Yes. And Mr. Francis has said that he told you and Tony Sharpe and Desai to take three of those tablets a day for two weeks. And did you, so far as you can remember, take three Winstrol tablets a day for two weeks back in 1982?

15 A. Well, if Charlie comes to me and gives me Winstrol tablets to take, yes, I take them, yes.

20 Q. All right. Although you were running in the European that summer I think we have heard evidence already that the European meets weren't always tested and Mr. Francis' evidence is that these were given to you in preparation for the Commonwealth Games that were coming up later in the fall in Brisbane, Australia?

25

Q. And now this would have been the first time that you would have been introduced to the pink pills, the Winstrol tablets, correct?

A. Yes.

5 Q. And when you took the Winstrol tablets of three a day over a two-week period, if you did, did you notice what kind of effect they had on you? By that I mean did you notice them in any way? Did you stiffen up or anything like that?

10 A. No.

Q. Now we have heard, Mr. Johnson, a lot of evidence from, oh, Angella Issajenko, Charlie Francis, I believe some from Tony Sharpe and maybe others. Indeed we've heard from one football player that Winstrol causes
15 some people to stiffen up quite a bit after taking them for a few days, and Angella Issajenko's evidence was just a very few days and others maybe seven or eight. Do you ever recall having that experience at any time whenever you were taking any of these pink pills?

20 A. No.

Q. All right. And when Mr. Francis gave you the pink pills, did you know they were steroids?

A. No.

Q. Did you know they were banned?

25 A. In certain ways, yes.

Q. And when you say that -- you mean in certain ways. What do you mean by that?

A. Well, one time I was talking to some friends of mine inside of the campus and he comes up to me and, like, if he would put the pills in my hand and don't
5 make no one saw it. You know, take it so...

Q. Well, who would do that, come up and hand you the pills with kind of the back of their hand like that?

10 A. Charlie did.

Q. Charlie would do that.

A. Yes.

Q. And so he would do it in such a way that he didn't want anybody to see him giving you the
15 pills?

A. Yes.

Q. And by that again you would know that these were not something like vitamins that you could just take freely without any problem?

20 A. That's right.

Q. All right, and do you now remember ever talking to Charlie Francis or the others about a clearance time for Winstrol tablets?

A. No.

25 Q. But again, I suggest you probably would

have known that, for example, prior to the Commonwealth Games, you would have to have stopped taking these for a certain period of time before you went off and competed in Brisbane, Australia, in the Commonwealth Games?

5 A. Yes, sir.

 Q. And you knew again that probably these Winstrol tablets or any other banned substances would be something that the officials at a track meet such as the Commonwealth Games would be testing for?

10 A. Yes, sir.

 Q. And in 1982 at the Commonwealth Games, you got the silver medal in the 100 metres and the silver medal in the 4 x 100 relay. I take it you would have been tested in Brisbane, gone through a drug test?

15 A. Yes, I did.

 Q. And then you also competed on Canada's 4 x 100 relay team in the eight nation invitational meet which was held in Tokyo in September 24th, 1982, just prior to the Commonwealth Games. Do you remember that?

20 A. Yes.

 Q. And the relay team finished third, so would you have been tested there?

 A. Yes.

 Q. All right. So again, you would have
25 known in the summer of '82 that these Winstrol tablets

that you were taking might well be something that they would be testing for at these meets that were coming up in the fall?

A. Yes.

5

Q. And so also from that, you would have understood that Winstrol tablets were banned, correct?

A. Yes.

10

Q. All right. Then I want to take you along to 1983, and in 1983, Charlie Francis again testified that in that spring, that you along with Angella Issajenko, Tony Sharpe and Molly Killingbeck were on a cycle during the spring training period of Dianabol, the blue pills, and can you recall again that in the spring of '83, that would be the training season leading up to the European meets and eventually the PanAmerican Games that during the training period you took some Dianabol or blue pills?

15

20

A. I don't remember because in '83 I was hurt in '83, so normally if I'm not in good shape to compete against the world, Charlie -- it would be a waste of time to take any drugs at that time.

Q. It would be a waste of time to take drugs during the time that you were hurt?

A. Yes.

25

Q. And when you took --

A. But I don't remember. Maybe I did take it in '83, but I don't recall.

Q. All right. And then, Mr. Johnson, when you took originally the blue pills, the Dianabol, and then
5 in the summer of '82 the pink pills, the Winstrol tablets, what did you understand that these pills were doing for you? What were they intended to do?

A. Charlie and nobody didn't explain to me these pills would help me in my weight training or
10 competing against world or things like that, but I know he did mention early in the season that -- he mentioned it to me that, you know, the whole world's taking these type of drugs and the only way I'm going to be the best is to take it. So at that time I think that he was trying to tell me
15 something.

Q. And did he explain to you what the drugs would actually accomplish? That, for example, they would build up your muscle and your strength and that they would assist you in training and that you could train
20 harder, longer, more often?

A. No, he didn't tell me.

Q. Then let me ask you about the PanAmerican Games in August of 1983 in Venezuela. We have covered in your competitive history the fact that you were
25 at the PanAmerican Games now. Do you remember that a

number of athletes from many countries left the PanAmerican Games because there was some threat or fear of being caught in the drug testing?

5 A. Well, I remember the meet. There was a lot of people there that was for the meet, and nobody knows that they were going to be tested, and they found out at the last moment that they were going to be tested at the meet and everybody started to pull out. Most of the shotputters, the javelin throwers, just about --

10 Q. I'm sorry, the shotputters and the --

A. I'm talking, like, the bigger guys. Not like in the 100 metres or the 200 metres or something like that.

15 Q. I see. And there was a lot of talk at that time about steroids, was there not?

A. Yes, inside the village, yes.

20 Q. And indeed outside the village, and back in Canada, we have heard that the whole subject of steroids became a topic of a lot of interest in the sports community. Do you remember that?

A. Yes.

Q. And at that time, did you become more aware or actually aware that some of these drugs that you had been taking were, in fact, something called steroids?

25 A. Yes.

Q. And you became aware at that time that the Dianabol, the blue pills, were steroids?

A. Yes.

5 Q. And that the Winstrol tablets, the pink pills, were steroids?

A. Yes, sir.

10 Q. And you, of course, became aware that steroids were drugs that were banned and that if you took a test and it was found that you had them in your system, you would be disqualified?

A. Yes.

15 Q. And, Mr. Johnson, at about that time in the discussion about steroids that seemed to come forward after the PanAmerican Games, there was a lot of talk about what steroids were intended to do. That is, to increase your strength, to help you train more often, to make you train harder, and do you remember that kind of discussion at that time?

A. No.

20 Q. But at some time did you become aware of what steroids were intended to do?

A. Yes.

25 Q. And what did you understand, in your own words, what did you understand steroids were intended to do for you?

A. Well, I just want to say something before I go into that. I remember in 1980 when I first run against Desai Williams and Martin Nash for the team and I placed third, I was very upset that I lost the race. Even I couldn't beat Desai or Martin Nash. He told me that I should go and weight train because it would help me with my energy and stuff. I told him that I don't want --

Q. I'm sorry, I'm just going to interrupt you. Who told you that?

A. Martin Nash. He is a Canadian sprinter in the early days. He told me that I should do weights because it would help me the last 40 metres, and I told him that I don't want to do weights because I don't like it. It's too hard.

So I had been competing, I had been losing and that same year, and I think back what he says to going on the weight program, so I did that the fall of 1980. That was the first time I was doing weights ever and that's where I like doing weights and I take it from there. I've done weights now for nine years.

Q. I understand. Now, when was it, if you did become aware of what steroids were intended to do? I mean, I take it one of the things steroids are supposed to help you with is they do help you in your weight training, do they not?

A. Yes.

Q. Because they increase your muscle bulk and you have to continue, obviously, to still work very hard. They increase your muscle bulk and help you lift more weights?

A. Well, when I was taking these drugs in '81 and '82, I was doing weights in 1980. So I thought that when I was doing the weights at that time, I think it was involved with the drugs I was taking and plus the weights I was doing. So everything was all combined together so I didn't really know that the drugs would make you get bigger.

Q. And did you -- so when you got bigger doing your weights from back in 1980, I guess what you're saying is you didn't really attribute the fact you might be getting bigger to drugs but other than the fact you were just working hard?

A. They don't really -- like, a bench press of 100 pounds didn't happen just for one day. It takes, like, a lot of years to get involved in getting muscles so combined the drugs and the weights, I think yes.

Q. All right. Okay. Now, in the fall of 1983, that's when Desai Williams and Mark McKoy left the group, according to Charlie Francis. I think Mark McKoy

has told us that he left a little earlier. He thinks maybe on his evidence he left in 1981, but do you remember that Desai Williams and Mark McKoy, certainly Desai Williams left Charlie Francis in the fall of '83 after the PanAmerican Games?

A. Yes, he did. Well, they had a fallout too in Helsinki in 1983 too. I didn't know what was going on. I know that they was arguing with each other and Desai was upset because he placed last in the 100 and he should have placed in the top three. And --

Q. That's in Helsinki at the world championships?

A. Yes, and Desai told Charlie that "I don't want you to be my coach anymore. I'm going to go and find somebody else or coach by myself." At that time, I wanted to go with Desai because Charlie was more paying attention to Angella mostly like he always do anyway.

Charlie said, not to me personally, he said to anybody who else want to leave, you know, him, they'll come back. So at that time I got no choice. I got to go with him because he was my only coach and he is the guy who know to coach. So --

Q. So when Desai made his decision to leave, you started thinking about leaving and Charlie Francis said if anybody else wants to leave, leave, but

don't come back?

A. Yes.

Q. And so you thought about it and decided
he was your only coach and you were going to stick with
him?

A. Yes.

Q. All right. Now, in the fall of 1983,
that would be the period of time that the training season
would start for the 1984 season, and 1984 of course was
the Olympic Games year for Los Angeles. And we have heard
some evidence that there was a training camp in Guadeloupe
in the fall of '83 and then again in the spring of 1984.
Did you go to the training camp in Guadeloupe in the fall
of 1983?

A. Yes, sir.

Q. Are you sure about that, because --

A. '83, no. '84, sorry.

Q. You went in '84?

A. Yes.

Q. And you told us the other day that you
have only been to Guadeloupe once?

A. Yes.

Q. And the one time you went was the
spring of '84?

A. Yes.

Q. All right. And there is some evidence from Mr. Francis that you and Tony Sharpe used some growth hormone and some Dianabol perhaps at a training camp in Guadeloupe in the fall of 1983, and I take it --

5

THE COMMISSIONER: '84. '83?

MR. ARMSTRONG: In the fall of '83. We'll get on to '84.

THE COMMISSIONER: But he said he wasn't at Guadeloupe in '83.

10

MR. ARMSTRONG:

Q. I'm just going to ask you so that if that is so simply, you would say Mr. Francis is in error because you weren't in any training camp in the fall of '83?

15

A. No, sir.

Q. Is it possible that you may have taken some Dianabol and growth hormone back in Toronto in the fall of '83?

20

A. Could be.

Q. Could be? Okay. Then, Mr. Johnson, we had some evidence just recently in the last session of our hearing from a former college football player called John Davies, and did you see him on the television when he gave his evidence, Mr. Davies, the fellow with the glasses?

25

A. Yes.

Q. And --

THE COMMISSIONER: That's not a very
distinctive method of identification.

5

MR. ARMSTRONG:

Q. The non-football player-looking fellow
with the academic look with the hornrimmed glasses is the
fellow I was referring to. In any event, you and I, Mr.
10 Johnson, know that you watched Mr. Davies give his
evidence, correct?

A. Yes.

Q. And he has testified that he trained at
York from about October or November 1983 to May of 1984
15 and that he got to meet you and Angella Issajenko and some
of the Charlie Francis group and that he says he discussed
with you the use of Winstrol, and do you ever remember
having any discussion with that fellow John Davies about
Winstrol?

A. If I am training in my track club and
any outsiders come in and introduce themselves to me or to
Desai and Angie, I would never discuss any drugs with this
guy, no.

THE COMMISSIONER: I'm sorry, I didn't hear
25 the answer.

MR. ARMSTRONG:

Q. If somebody came in from the outside, you wouldn't discuss drugs with him?

A. No.

5 Q. And I take it the reason for that is that you didn't want other people to know about your business and the fact that you were involved in taking drugs?

10 A. Well, it's not really that, I would say. I never talked too much when I'm training so I don't really believe this guy would come forward and say such things.

15 Q. All right. Now he said that both you and Angella Issajenko said that when you took Winstrol, that it made you extremely tight. And I take it from what you've said, you don't remember any such conversation with him and you just didn't have it?

A. No.

20 Q. He also says that you were at a Superbowl party in 1984 at his house where there was Mike Sokolowski and another friend of his, Mike Ryan, who also testified, and there was a discussion about steroids where the words "roids" and "juice" were used. Also there was some reference to "Flinstones" referring to the steroid
25 tablets as Flinstones. Do you ever remember that?

A. We never gone along. We never gone together. No, I have never been at this Superbowl home watching TV and discussing drugs. Normally we would be at the track. We normally would train at the track. We would never go out together. If I do go out, I would see Tony at disco clubs or like that. We never go together or with Sokolowski.

Q. All right. That might be a convenient point, Mr. Commissioner.

THE COMMISSIONER: 2:15.

--- Lunch adjournment.

--- Commission resumed.

THE COMMISSIONER: Mr. Johnson, you're all
wired up?

5 Mr. Armstrong.

MR. ARMSTRONG: We both are. Thank you,
Mr. Commissioner.

10 Q. Mr. Johnson, I just want to take a
moment just to sum up where we are on this chronology or
story that we have been reviewing, and let me just see if
I have it right. Going back to the drugs that we were
talking about, up to 1983, you have told us that you had
taken some Dianabol, which we believe to be the blue
15 pills, and you had taken those between 1981 and perhaps
1983, although in 1983, you indicated that in the spring,
you were hurt and you indicated you didn't think it would
make much sense for you to take Dianabol then, but I think
you said, in fairness, it could be.

20 You've told us that in the summer of 1982
prior to the Commonwealth Games, you agree that Mr.
Francis gave you some of the Winstrol tablets, the pink
pills that I showed you this morning, and you have told us
I believe that at some point in time, perhaps not as early
25 as 1981, but that at some time you understood from the

manner in which Mr. Francis gave you the pills and perhaps otherwise that both the pink pills, the Winstrol, and the blue pills, the Dianabol, were banned, right?

A. Yes.

5

Q. And that the IAAF and the CTFA and the IOC would disqualify you if you took those drugs when they were found -- if you took those drugs and they were found in your system, correct?

A. Yes, sir.

10

Q. And you knew up to 1983 that from time to time you would be tested, and you were tested in 1982 at the Commonwealth Games, you were tested in 1982 at the Eight Nations Meet in Tokyo?

A. Yes.

15

Q. And you understood and knew that you were being tested in order to find out if you had any of the banned drugs in your system?

A. Yes.

20

Q. And you understood and knew that at that time and prior to the Commonwealth Games of 1982 that the pink pills, the Winstrol tablets, that you had taken were, indeed, banned drugs, and if you had been tested and it was found that you had that in your system, you would have been disqualified?

25

A. Yes, sir.

Q. All right. Then also in 1983, you attended the Commonwealth Games in Brisbane, Australia, -- or you attended, I'm sorry, the PanAmerican Games in Caracas, Venezuela, and it looks like the date is towards
5 the end of August 1983, and it was as a result of all of the discussion that came forward from the PanAmerican Games in Caracas that you learned about steroids, correct?

A. Yes.

Q. And you learned that particularly the
10 throwers were taking steroids and that they were banned and again that people would be disqualified for taking steroids if they were found to have them in their system after competing, correct?

A. Yes.

Q. And indeed it was at that time, as I
15 understand your evidence, that you first fully understood and appreciated that the pills that you had taken, the blue Dianabol pills and the pink Winstrol pills were indeed steroids?

A. Yes, sir.

Q. All right. Now, I want to move you
20 into 1984, and on the evidence, as we've heard it, this is when Dr. Astaphan enters the picture. And do you recall when it was that you first went to see Dr. Astaphan?

A. Yes, I remember.

Q. When was that?

A. I think it was '83 or beginning of '84.

Q. Beginning of '84, yes, and indeed I think the OHIP records that we have suggest that it was
5 January 11th, 1984, and that seems to be also confirmed by Dr. Astaphan's own evidence and his recollection. Now, who was it that suggested you go and see Dr. Astaphan?

A. Charlie.

Q. We also know that you had your own
10 family physician, Dr. Sussman, and I take it he was your family doctor at that time; is that correct?

A. Yes.

Q. And can you remember why it was that
Charlie Francis suggested you go and see Dr. Astaphan?
15 Did you have some sports injury or was there some other reason to go and see him that you can remember?

A. He said, you know, Jamie, he can help
me with my tendon in my left knee. I tore some ligament
in there, and he introduced me to Jamie at the time and we
20 say hi to each other, and he would send me over in the next room where a chiropractor were, and the guy, you know, would treat my legs properly like giving a massage or try to loosen it up so I can be able to train. And that's where I met Jamie, and then from there on I was
25 going to his office to get shots.

Q. All right, and had you been going to the chiropractor that was next door or in the same building as Dr. Astaphan?

5 A. Normally, yes, I would go into Jamie's office first and get a shot and then go by him and get him to look after my legs and then I normally would go to practice.

Q. You're getting a bit ahead of me because I want to stay with this first meeting in early
10 January, mid-January of 1984, but let me, Mr. Johnson, just ask you this. When you went the very first time to Dr. Astaphan, did Mr. Francis go with you?

A. Yes, he did.

Q. And when you went to that first meeting
15 or first appointment, you say you went because you had what, a tendon tear in your left knee?

A. Yes.

Q. And did he -- he obviously must have examined the left knee and given you some advice about it,
20 I take it?

A. Yes.

Q. And during that appointment, do you remember there being any discussion about the use of steroids?

25 A. No.

Q. Do you remember there being any discussion about the use of drugs?

A. Well, I think Jamie said there is some growth hormone to -- first I was going to get an operation on my knee, and when I told my mom that, she get upset because she is trying to put things on my leg, my foot, trying to get it better and it works. And I told Charlie that my foot was okay then so I didn't need any surgery, but he was going to give me some kind of drugs to get my tendon to heal properly.

Q. And Dr. Astaphan of course, he has testified that you came for some injury and there was some suggestion that you might have surgery, and he did not think you should have surgery; is that not so?

A. Yes.

Q. He didn't think you should have it. Okay, and he has testified, and when I say he, I mean Dr. Astaphan has testified, that Charlie Francis brought up the subject of steroids, and he said that during this discussion, that is Dr. Astaphan said that during this discussion, you told him that you had been on anabolic steroids on and off since 1981, but at that time, in January '84, you were not taking anything.

And you went on to say that you had taken Dianabol and testosterone, which you referred to as testo,

and on a few occasions, you had taken a drug called Deca-Durabolin which you referred to as deca. Now do you remember telling Dr. Astaphan anything like that at that very first meeting in January 1984?

5 A. No, I never discussed the type of drugs with Jamie. I never know what they were, the names of the drugs, no.

 Q. And Dr. Astaphan went on to say that you told him that you thought steroids had made you a
10 little bit stronger and a little bit quicker. Is it possible you may have had some discussion with him at that time about steroids? Just generally.

 A. No.

 Q. Well, by this time of course you knew
15 about steroids, knew what steroids were?

 A. Yes.

 Q. But you say simply in your first meeting, the subject of steroids didn't come up, I take it?

20 A. No.

 Q. Now, apart from looking at your knee and so on, whatever he did in connection with that, was there any discussion about what Dr. Astaphan was going to do for you? Was there any suggestion at that time that he
25 would become your sports doctor?

A. That's right. Charlie told me that Jamie's going to be my track doctor to help me with injuries and any type of drugs such as B12 or inosine, but Charlie didn't tell me that I am going to be there going to his office for any drugs at all like steroids or anything like that. He said he is going to be my physician to help me with my training.

Q. All right, and indeed it was perhaps not quite as earlier as January 1984, but it wasn't long before a number of you in the -- or some of you at least in the Scarborough Optimist Track and Field Club began to go to Dr. Astaphan on a regular basis?

A. Yes.

Q. Now you mentioned inosine and vitamin B12. Did you start to receive shots of inosine and vitamin B12 from Dr. Astaphan?

A. Jamie, yes.

Q. You did?

A. Yes.

Q. And would that be from 1984 on?

A. Yes.

Q. And I am going to come back to Dr. Astaphan from time to time, but let me at the outset ask you to tell us what was the relationship like between you and Jamie Astaphan as it developed over the years? Was it
5 a close relationship?

A. Well, yes, as time goes on we get to know each other pretty well. Mostly we see him at his office, when I go there three times a week on Monday, Wednesday and Friday, we got our shots because that's the
10 time we weren't able to do any fast running.

So, we didn't get to know each other until about '86-'87. That's when we started to see each other, not a lot, but I go to St. Kitts that first year.

Q. So, I am probably jumping ahead of
15 myself, but just while we are talking about the relationship with Dr. Astaphan, we will hear and we have had heard in the evidence already, that there was a training came in St. Kitts in December of '86, and then, of course, there are a number of times when you and Dr.
20 Astaphan were together starting in '87 in Rome and then later in 1988.

Did the relationship become a very close relationship later on then?

A. Yes.

Q. Were you good friends?
25

A. Yes.

Q. Did you come to respect Dr. Astaphan not only as a friend but as a doctor?

5 A. As a doctor. And normally I go to St. Kitts for any -- to relax. Normally, he will look after me, he will give me food, he will give me a place to sleep for free and things like that, so, yes.

10 Q. All right. And I understand that, I understand your closeness as a friend when he would give you a place to sleep and feed you and so on in St. Kitts, but did you believe that he was a good doctor and respect his ability as a physician or as a doctor?

A. Yes, yes.

15 Q. Did you trust him as well? I think it's probably the same question, but did you also place trust in Dr. Astaphan?

A. Yes, sir.

20 Q. All right. Then also in 1984, I am going to come back to some of your visits to Dr. Astaphan's office, but there was some other things that I wanted to ask you about in 1984.

25 First of all, you have told us this morning that you went to the training camp that was held in Guadeloupe in the spring of 1984 which on the evidence as we have it was March and April of 1984?

A. Yes.

Q. Correct. And we have also been told by Angella Issajenko and Tony Sharpe that you and Tony Sharpe flew down to Guadeloupe in the same airplane for that training camp; is that right?

5

A. That's right.

Q. And we have also heard that when you and Tony Sharpe went down there that you carried with you a bottle of testo or a bottle of aqueous testosterone as we sometimes refer to it here, but we have heard the athletes refer to it as testo, and also some growth hormone. And the evidence is that you took that down with you in a beer cooler. Do you remember that?

10

A. Yes, sir.

Q. And do you remember getting -- well, first of all, where did you get the testo, the aqueous testosterone and the growth hormone?

15

A. It was brought to me.

Q. Sorry?

A. It was brought to you.

20

Q. It was brought to you?

A. Yes.

Q. By whom?

A. Charlie give Tony and Tony pick it up

25

and give me.

Q. I see. And when did Tony give it to you?

A. At the airport.

5 cooler?

A. Yes.

Q. Did you also -- this is still '84 so maybe you weren't on your vitamin pack by that time, but the evidence is that you were also carrying down there a number of vitamins; is that right?

10

A. Yes. Apparently I wasn't carrying the beer cooler. Sharpe was carrying the beer cooler, I was carrying the vitamins.

Q. What was in the beer cooler?

15 A. Drugs, all those things, all those drugs.

Q. The growth hormone?

A. Yes.

Q. And testosterone?

20 A. Yes, testosterone.

Q. And when you got off the plane in Guadeloupe, who had the beer cooler --

A. Tony.

Q. -- with the growth hormone and testosterone?

25

A. Tony.

Q. All right. And do you remember some incident arising when you went through customs?

5 A. Well, we went that day, the place to get our bags at the custom and the guy asked us what's on the floor. And we told that -- I know it was vitamins, that's what Tony told me. And when I picked up the beer cooler to give to the custom guy, Tony said to me "Are you crazy or something, why you doing?" I go, "What do you
10 mean, the guy asked me for it so I am going to give it to him."

So, he pulled it back from me and I gave it to him and then the guy pick up the next boxes where all the vitamins are and search it. And we end up have to
15 wait for about two weeks before we get the vitamins, they check everything.

A couple of days later they have a meeting over at Angie's apartment about taking all these drugs and all this stuff like that. And Charlie said to me, I
20 should come over and get a few shots from whatever was in the boxes.

Q. Okay. Well, I am going to come to that meeting in a moment. Just let me keep you at the airport for a minute or two. And do I understand it then that the
25 beer cooler was on the floor in the airport just when you

were going to check through customs and the customs officer asked you what was in it. You picked it up and handed it to the customs officer?

A. Yes.

5 Q. Do I understand that you thought at that time there was just vitamins in it, you didn't think -- did you know that --

A. I know vitamins was in the next box. I didn't know what was in the beer cooler. No one told me
10 what was going down the training camp in Guadeloupe to do. Nobody told me anything.

Q. So, you didn't know then that there was also growth hormone and testo?

A. I didn't know it until a few days
15 later, everything got settled down and start to -- received shots.

Q. All right. In any event, we have heard from Tony Sharpe that he somehow managed to take the testosterone and the growth hormone out of the beer
20 cooler, and they simply took the vitamins away. And it was awhile before you got the vitamins back. And that seems to be how you remember it; is that right?

A. Yes, sir.

Q. All right. Now, let's get on to this
25 meeting that Charlie Francis suggested that you come to.

First of all, where were you staying in Guadeloupe, do you remember?

A. Some dorm, Creps

Q. That was a place called the Creps?

5 A. Yes.

Q. All right. And Angella Issajenko, she had an apartment there; is that right?

A. Yes. She had an apartment there because she was down one year before me, so she know the
10 people down there. So, they got everything set up down there like accommodation and stuff like that. So, they know the country better than I did.

Q. I guess as it turned out she was a pretty popular person in Guadeloupe and got to know a lot
15 of people?

A. Yes.

Q. And as a result of that, she had this apartment and the physiotherapist, not Waldemar because he wasn't yet on the scene, but the physiotherapist and Tony
20 Issajenko also were staying at that apartment; is that right?

A. Yes, sir.

Q. Now and you and Sharpe I guess were both staying at the Creps, were you?

25 A. Yes.

Q. Or maybe Sharpe, I can't remember, said he was also staying in an apartment?

A. Well, he go over back and forth, yes.

5 Q. Okay. Now, just tell us about this meeting. Charlie Francis said to you that there was a meeting at Angella's apartment?

10 A. Yes, he said that I must come over there to have a meeting, but I am not exactly what the words what he used, but I am just sitting down there and I just listened to what they say. And each person go into the room to get the shots, and it was my turn, and I get in there and get my shots. And I leave, I left and go back home.

15 Q. What was the discussion about, Mr. Johnson? Was it about the drugs that they were going to take or get shots of?

20 A. Yes, about the drugs and about when we would run the next races in Martinique and what time we are going to get any clearance time to run to test and stuff like that.

Q. All right. And the meeting that you were at, obviously Charlie Francis was there, Angella Issajenko, Tony Issajenko, and Tony Sharpe?

A. Yes.

25 Q. That was the group, was it?

A. Yes.

Q. All right. And I am just going to show you a bottle of testo which we have marked as Exhibit No. 124 here. And it is in this little brown vial or bottle with a yellow and white label on it. And both Tony Sharpe and Angella Issajenko I believe have said that the bottle that the testo was in down in Guadeloupe was --

A. Same --

Q. -- identical to that?

A. That's what I saw, yes.

Q. You saw a bottle like that?

A. Yes.

Q. Did you get some shots of testo from a bottle like that in Guadeloupe?

A. Yes.

Q. And you also got some shots of growth hormone?

A. I think so, yes.

Q. Okay. And by that time, of course, in Guadeloupe you say you were talking about the meets that were upcoming. You were talking about clearance times?

A. No, Charlie and Angella did. I wasn't talking about clearance times. I was just -- I am not the coach, I just take orders.

Q. Okay. And in any event, Charlie -- you

listened to Charlie and Angie talk about clearance times?

A. Yes.

Q. All right. And you, of course,
understood that testo or testosterone is an anabolic
steroid?

5

A. I've got no idea, no, don't know.

Q. But didn't you know that then back in
Guadeloupe in March, April 1984 that when you were getting
a shot of this testosterone that you were indeed getting a
shot of a steroid?

10

A. Yes.

Q. You understood that?

A. Yes.

Q. Okay. Sorry, I guess the confusion
between you and me there was that when I said you know
that's an anabolic steroid you thought I --

15

THE COMMISSIONER: The word anabolic is
probably what may be confusing sometimes.

20

MR. ARMSTRONG:

Q. I was confusing you. You just said you
don't know what is in that. Is that what the confusion
was between you and me?

A. Yes.

25

Q. In any event then, just so we have it

that there is no confusion between you and me, I clearly have it that when you took testo or testosterone in Guadeloupe in March or April of 1984 --

A. Well --

5 Q. -- you knew it was a steroid?

A. Every shot I get with -- by Charlie, Angie, Tony, and Tony Sharpe, I just -- in my own mind it was all banned, so --

Q. It was all bad?

10 A. Banned, like drugs.

THE COMMISSIONER: Banned.

MR. ARMSTRONG: Banned.

THE COMMISSIONER: Banned.

15 MR. ARMSTRONG:

Q. Sorry. And while you were there then Angella Issajenko gave you some shots, did she?

A. Yes.

Q. Tony Sharpe gave you some shots?

20 A. Yes.

Q. And Tony Issajenko gave you some shots?

A. Yes. Charlie gave me a shot once.

Q. Charlie gave you a shot once?

A. Yes.

25 Q. Now, we will come to that, but on the

evidence as we have it, Charlie Francis said and I think Angella Issajenko seemed to confirm it from the information she had that Charlie never gave you a shot until Moscow in 1986 at the Good Will Games because he was
5 frank to admit that he was rather nervous about the idea of giving needles, is that possible?

A. Yes. He said he was nervous giving needles and stuff, but he gave me a shot in Guadeloupe and, you know, he was always shaking and stuff, so, I said
10 not any more, you give me no shots, so.

Q. I know how you feel. Now, at this training camp in Guadeloupe at the time that there was the meeting at Angella's apartment before you all took your shots, was there any discussion about side effects?

15 A. No, no, never heard about it.

Q. And from that time on, for example, did Charlie Francis ever talk to you about possible side effects such as damage to your liver or the fact that steroids might have some effect on your ability to have
20 children, that kind of thing. Was there ever any discussion with Charlie Francis about that?

A. If he told me what the side effects were in that time I wouldn't be a part of the group at all, no.

25 Q. And similarly, Dr. Astaphan, we are

going to get to his involvement with steroids, but just so we have it here, did he ever tell you about the possible side effects of taking steroids, again such as liver damage, or other things, acne to your skin, so on?

5 A. Nobody was -- take time out to ask me what the side effects were, but was happy making all this money, all this stuff, so, no.

 Q. When you were in Guadeloupe the evidence from Charlie Francis is that the group may also
10 have taken some Dianabol, some of the blue pills. Again, probably alternating between one pill one day and two pills the next day. Do you remember that you also took some blue Dianabol pills in the spring of 1984 in Guadeloupe?

15 A. Yes.

 Q. Now, in the fall of 1984 which would be after the Los Angeles Olympics and the training period for the 1985 season, according to Mr. Francis, you and Tony Sharpe went on a steroid program involving Dianabol, the
20 drug that I have been talking about, but not in pill form, but in the form of injections. And that you would go to Dr. Astaphan's office and get some injectable Dianabol three times a week for three weeks, and then two times a week for three weeks.

25 Do you remember that after the LA Olympics

and then into the fall getting ready for the 1985 season?

A. Yes, sir.

Q. And we have had some evidence that the injectable Dianabol like, I believe, the testosterone is a milky-white substance.

So, in the fall of '84, you clearly remember being injected with a drug such as that at Dr. Astaphan's office?

A. Yes.

Q. Did you understand that you were getting a steroid at that time?

A. Well, Jamie did not tell me that it was. I just know in my own mind that it was something banned.

Q. Something banned?

A. Banned, yes.

Q. He didn't necessarily then talk about the particular name of the drug, but you knew that whatever it was that he was injecting you with in terms of the milky-white stuff that it was banned?

A. Yes.

Q. And then, of course, from really the spring or fall of -- I think in your case it was the spring of '84, then the fall of '84, from that time on until Dr. Astaphan left in 1986, you would be going to his

office during the training periods about three times a week to get your shots of this substance that was banned; is that not so?

A. Yes, sir.

5 Q. Then at times you would also I take it go to his office and get some injections or shots of vitamin B 12 and Inosine --

A. Yes.

10 Q. -- is that correct? What was the color of the vitamin B-12 or Inosine?

A. The vitamin B-12 was kind of a redish liquid, and the Inosine is brown.

15 Q. All right. Now, you said that if Mr. Francis had told you what the -- back in '84 in Guadeloupe, if Mr. Francis had told you what any of the possible side effect might have been of taking steroids you wouldn't have been part of the group I think is what you said.

20 If Dr. Astaphan, I just want to be fair and be clear, that if Dr. Astaphan at any time had said to you look it, Ben, as I assume he called you, I should tell you that if -- there is a risk that if you take this steroid that I am giving you or take this drug that I am giving you that you might suffer some liver damage, you might
25 have some problems in the future in connection with having

children, you might suffer acne, if he had gone through some of those sides effect that I am sure you have heard about since, what would your reaction have been to Dr. Astaphan?

5 A. Be no longer involved in any relationship at all, no.

 Q. You wouldn't have taken drugs?

 A. No.

 Q. Then, Mr. Johnson, I want to move along
10 to the year 1985. In the March break that year, did you go to the training camp in Tallahasee, Florida?

 A. Yes, sir.

 Q. And when you were in Tallahasee did you receive some shots?

15 A. Yes.

 Q. And who did you get those shots from?

 A. From Tony Issajenko.

 Q. Where did you get -- did you go to his room to get them?

20 A. Yes.

 Q. And he has testified, I think, that he was the one that was administering shots to you and perhaps others and that people would come to his room and go into the bathroom with the blinds drawn and so on. Is
25 that what happened when you were down there?

A. I never went in the bathroom or blinds drawn, I just go in the room and shut the door.

Q. The evidence of Mr. Issajenko and others is that when you were at this Florida training camp
5 in Tallahassee that you were getting water-based Dianabol, again, an injectable Dianabol. Again, on the evidence, it would have been a milky-white substance. Is that what you were getting?

A. Yes yes.

10 Q. Again you would have known at that time that that was banned?

A. Yes.

Q. You would probably have known as well I suggest to you that it was a steroid?

15 A. Yes.

Q. Now, we have also had some evidence from Mike Sokolowski and Dave McKnight that they had a bottle down there in Tallahassee of a drug and that Charlie Francis came along and took it away from them and said
20 that he needed it for Ben Johnson because you had forgotten a bottle that you were supposed to bring down. Do you remember that?

A. Yes, I remember that.

Q. And you were indeed before the
25 Tallahassee training camp supposed to go to Dr. Astaphan's

office and pick up a bottle to take down there; is that right?

A. Yes.

5 Q. And we won't go into the details with you of why it was that you forgot the bottle at Dr. Astaphan's office, but it is so in fact that you forgot the bottle at Dr. Astaphan's office?

A. Yes. It doesn't matter if you go in details, it doesn't matter to me.

10 THE COMMISSIONER: Well, it's not very material.

MR. ARMSTRONG:

Q. I will ask you after.

15 A. I want to, I really want to.

Q. Okay. Dr. Astaphan, indeed it may be that there is a conflict in the evidence as to exactly what it was, but Dr. Astaphan has said that indeed the bottle he had for you was a bottle, a 30-cc bottle, as he
20 described it, of testosterone.

I don't know whether you now remember whether or not it was testosterone or something called an injectable or water-based Dianabol that you were to pick up there. Do you remember that one way or the other?

25 A. No.

Q. In any event, you knew that it was a drug that you were to pick up to use for injections when you were at the training camp in Florida?

A. Yes, sir.

5 Q. And again, Mr. Johnson, you would have known at that time that whatever it was it was a banned substance?

A. Yes.

10 Q. And you would also have known, I suggest to you, that it was a steroid?

A. Yes.

15 Q. Then Tony Issajenko has also testified that in about the spring of 1985, and on our record it's not clear, it may have been at this training camp or it may have been in Toronto someplace else, we just don't know, but he said he had a discussion with you about steroids.

20 And he said at that time he was taking this injectable Dianabol. And he said that he asked you to compare the injectable Dianabol to the Dianabol tablets. Or as he put it, he asked you to compare the white stuff to Dianabol tablets. And do you remember that discussion with him now at all?

A. No, no.

25 Q. Let me see if I can refresh your memory

just a little further. He said that you told him that you got a better kick out of Astaphan's white stuff or Jamie's white stuff. Is it possible you might have said something like that to --

5

A. Well, maybe it's possible because mostly any type of thing that Jamie would give me would be better than the -- the rest of the athletes. I mean I was getting the best stuff what Jamie would, you know, recommend for me. Maybe -- it could be possible, yes.

10

Q. So, you would have been of the opinion that if you were being injected with the white stuff, it was better stuff than maybe the Dianabol tablets that others might have been taking. Is that the point you --

A. Yes.

15

Q. -- you are making?

A. Yes.

Q. And did Dr. Astaphan indeed from time to time tell you that whatever drugs he was giving you, that you were getting the best?

20

A. Yes.

Q. And indeed what he meant by the fact you were getting the best that indeed what you were getting was better than the others were getting?

A. Yes, correct.

25

Q. All right. Now, we have heard from a

number of witnesses, including Mr. Francis, and Ms. Issajenko, Dr. Astaphan, and indeed others that in the fall of 1985 Dr. Astaphan introduced a new drug to the Francis group called Estragol.

5 Now, let me ask you this first of all, did you ever remember the word Estragol being mentioned by anybody?

A. Yes.

Q. By whom?

10 A. By the doctor, Jamie.

Q. And do you recall back in the fall of 1985 or thereabouts that he introduced a drug that he called Estragol?

A. Yes.

15 Q. And can you tell us what he told you about Estragol?

A. Well, he just told me that this is much better drugs, I mean much better drugs than normally what was given before. And he just tell me I will be training a lot better, I will recover faster and lift more weights, and, you know.

20 Q. So, up to this time you had been on Dianabol tablets, occasionally on -- or the one time I guess on the -- back in '82 on the Winstrol tablets. You had been on some growth hormone probably and some

25

testosterone, and then the aqueous Dianabol.

Was he saying that this new drug that he was introducing, Estragol, was indeed an improvement over other things that you had up to that point?

5 A. Yes, sir.

Q. Did he say what the advantages were, what the improvements were over what you had been taking up to that time?

A. No.

10 Q. Just that it was better?

A. Yes.

Q. He has told us, and I am sure you may have either seen on television some of his evidence or become aware of it, that this was a drug made in Japan, that it was known as Myotolin or Furazabol, that it was similar to Stanozolol, or as he put it it was like a
15 cousin to Winstrol, and that he had gotten it from an East German athlete. Did he ever tell you that?

A. Well, he never asked me where he is
20 getting all his drugs from at all. I never cared. Whenever I go to get shots there, you know, I go there and get my shots and I go practice, but I never take the time out to ask him where he was getting the drugs from. It wasn't my concern. My concern is to concentrate on just
25 running.

Q. All right. So, I take it what you are telling us is that he didn't tell you where he got the drugs?

A. No.

5

Q. You didn't ask him --

A. No.

Q. -- because you are frank to say you weren't interested --

A. No.

10

Q. -- in where he got the drugs. Your concern was to run and you assumed that wherever he got the drugs, he got them from the proper place. Is that it?

A. Yes.

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20

25

Q. All right. Now he said that -- let me ask you this. Did you ever, quite apart from asking him where the drug came from, did you ever ask him any questions about what the drug would do or what its side-effects might be, how it might affect you?

A. No, he only said that the drugs would let me recover faster, lift more weights, run faster in practice.

Q. All right. Now let me just, to be fair both to you, and did Dr. Astaphan tell you again what Dr. Astaphan had said, and again I expect maybe you became aware of his evidence or indeed may have witnessed it on TV at home. He said that when he introduced the Estragol, as he called it, that you asked him a lot of questions. He said, first of all, that you asked him how strong, in fact, the drug would make you.

Did you ever ask him that question about Estragol?

A. I'm not the type of person that would ask anybody any question like that, no.

Q. And he said you asked him whether it would cause any liver problems. Did you ask him that question about Estragol?

A. I didn't know about that these drugs would cause any problems, you know, inside my body or

anything like that, no.

Q. And he said that you went on and you asked him whether it would cause the same problems with the liver, the kidney and the heart as other steroids.

5 Did you ask him anything like that?

A. I'm not the doctor, no.

Q. And then he said -- in fact, you may have asked him -- or not may, he said you asked him whether or not it might create any problems with your sexual organs or your sex life. Did you ask him anything like that?

10

A. No.

Q. And he said that -- now in fairness to him, he didn't put it on the basis that you sat down in his office and had one discussion about this, he suggested that over a period of time when Estragol was introduced, that there were a number of discussions and that you, over a period of time, asked him questions and these were questions or discussions that took place either in his office or in his home or your home and the car, when you might be driving together.

15

20

A. That never happened, no.

Q. Then did you have any discussion at all that you can remember with Dr. Astaphan about the side-effects of Estragol?

25

A. No.

Q. And just so that we make sure that I've covered everything here, did you ever have any discussion at all that you can remember with Dr. Astaphan about the
5 side-effects of any drug such as the milky-white substance with him? Any discussion about the side-effects of drugs like those?

A. No, sir.

Q. Then we can't let even you come into
10 our witness box without showing you Exhibit 117A, Mr. Johnson.

THE COMMISSIONER: What exhibit is that?

MR. ARMSTRONG: You're going to have
15 trouble writing this report. I can see that.

Q. Okay, there is a bottle of a milky-white substance that we know on the evidence now, this bottle, among others, came from Dr. Astaphan to Mr. Francis to Ms. Issajenko and then ultimately into the
20 hands of the Commission. At least that is the evidence.

And does that bottle and that milky-white substance that is contained therein, it's not completely milky-white, does that look like the substance that you received from Dr. Astaphan known as Estragol?

25 A. Yes.

Q. All right. And maybe I should just shake it up for you. I guess that looks a little more like it looked like when you saw it.

5 A. That's what I saw, yes. Not like before, like white water-like.

Q. As you say, it sort of looks like white water and a white substance separated, and then when you shake it up, it becomes just like milk.

A. That's what I saw, yes. Not before.

10 Q. And then you from time to time would go to Dr. Astaphan's office and you would see him put a syringe or a needle into the top of the bottle and draw out some of this milky-white substance and give you an injection of it?

15 A. Yes.

Q. And he sometimes would as well include in the needle some inosine and vitamin B12; is that correct?

A. Yes, sir.

20 Q. All right. And again in the case of what Dr. Astaphan called Estragol and what others have called by various names, including "the juice" and "the white stuff," "milky-white stuff" and so on, you knew in the fall of 1985 that when Dr. Astaphan began to give you
25 injections of this, that it was a steroid?

A. Yes.

Q. Now did you ever tell Dr. Astaphan how you felt after taking the so-called Estragol or the milky-white substance?

5

A. No, I never did.

Q. All right. He says at one time you told him that you felt better training with Estragol and that you described it as -- in words like "this is good shit". Do you ever remember saying anything like that to Dr. Astaphan?

10

A. No.

Q. Now one other thing that Dr. Astaphan said, and I'm sorry, I kind of put it in reverse order, but he said that the reason that he referred to this substance as Estragol, although it was really something else, he said it was really Furazabol or Miotolon, was that he got it from an East German athlete, and he said the East German athlete didn't want the Americans in particular to know that the East Germans were using this drug so he got a promise from Dr. Astaphan to call it Estragol, and that's the reason it was known as Estragol, and he says he told you that and the other athletes that.

15

20

Did you ever tell you that?

A. Yes.

25

Q. He did tell you that?

A. Yes.

Q. That might be a good point for our
afternoon break.

THE COMMISSIONER: We will take a short
5 break.

--- Short adjournment.

--- Commission resumed.

10 THE COMMISSIONER: Mr. Armstrong.

MR. ARMSTRONG:

Q. Yes, thank you, Mr. Commissioner. Mr.
Johnson, I want to go back to the last couple of questions
15 I was asking you because I think my last question was so
long and complicated that I not only confused you, I
confused myself and everybody else.

Going to the fall of 1985 when Estragol or
this so-called drug of Estragol was introduced, you told
20 me that Dr. Astaphan never told you that he had gotten it
from an East German, you never asked him. You weren't
interested in where he got his drugs, you simply assumed
that he got them from a proper place, correct?

A. Yes, sir.

25 Q. Now did Dr. Astaphan ever tell you that

this milky-white stuff was not really Estragol but that indeed it was either Furazabol or Miotolon?

A. Well, he mentioned so many names. I didn't know which one it was.

5 Q. Did he ever tell you that there was a bit of a secret or there was a secret about this so-called Estragol and you shouldn't tell anybody outside of the group that it really wasn't Estragol but it was one of these other names?

10 A. Well, one time he gave me my own bottle that I shouldn't tell Charlie what the name was or I shouldn't leave it to Charlie. I should get a shot from that bottle and, you know, give it back.

15 Q. And we're going to talk about that later, but that episode that you are referring to I know is in 1988, just a year ago.

A. Yes.

Q. That's got nothing to do with back in 1985 and Estragol.

20 A. No, sir.

Q. So I just want to be clear whether back in 1985 you ever remember being told to keep the name of the drug at that time a secret?

A. No, sir.

25 Q. Okay. I'm sorry, Mr. Commissioner. I

went down a pathway that took a while to straighten out.

Now, also in 1985 - again I don't think now at this stage of our inquiry much turns on it, but for the sake of completeness - we had some evidence from Tim
5 Bethune, a member of the -- at one time I think of the national track and field team and a member of I think the Etobicoke Track and Field Club, a 400 metres runner. Do you know Tim Bethune?

A. Yes.

10 Q. And you and he got along all right?

A. Yes.

Q. And he testified that in September of 1985, he made an appointment to go and see Dr. Astaphan, and that while he was sitting in the waiting room, you
15 walked into Dr. Astaphan's office. Do you remember that?

A. Yes, sir.

Q. He said that when you were in his office, that you summoned Tim Bethune into the inner part of Dr. Astaphan's office from the waiting room when you
20 went in. Did you do that?

A. Yes, sir.

Q. And than he testified that you and Dr. Astaphan, whom he was meeting for the first time, had a discussion about track and field and what was going on in
25 the track and field world, and after that discussion, you

dropped your pants down and got a shot and then left. Did that happen?

A. Yes, sir.

Q. All right. Now I think I've covered
5 all I wanted to cover with you, Mr. Johnson, in 1986 -- or 1985, rather, and I wanted to ask you some questions about 1986.

First of all, we now have it clearly on the evidence that from the fall of 1985, Angella Issajenko,
10 Tony Sharpe, indeed some others that we'll talk about in a moment including you, were going during the training periods to Dr. Astaphan's office and receiving injections of the milky-white stuff in this bottle or like the milky-white stuff in this bottle that was called Estragol,
15 and I take it that you would agree with that, that in the spring training period of 1986, you would have received shots of the milky-white stuff?

A. Yes.

Q. And you would have received those in
20 Dr. Astaphan's office?

A. Yes.

Q. And again as you indicated before, you would go three times a week, Monday, Wednesday and Friday?

A. Right.

Q. That would be what, before practice or
25

after practice?

A. About noon, about one.

Q. So that would be before practice?

A. Yes.

5 Q. All right. Then I'm going to give you what I think may be some evidence in this inquiry that hasn't been heard yet, but I want to put it to you anyway so that you will have the opportunity to comment on it. And that is that I expect that Rob Gray, a discus thrower,
10 may testify. Do you know Rob Gray?

A. Yes.

Q. He was a member of the Canadian national team up until 1986, was he not?

A. Yes.

15 Q. And when he testifies, he is going to testify about a lot of things, but I expect he will testify that in March 1986, he was approached by Charlie Francis and told that he was going to be out of town, is that Francis was going to be out of town.

20 You needed a shot and asked him if he would give you a shot and he said yes, just have Ben Johnson or Ben, as he probably would have called you, give me a call. And he said that soon after that conversation with Francis, he received a call from you about getting a shot
25 and that he told you where his apartment was, up in the

Jane area near York University, and that you went over to his apartment. Do you remember that?

A. Yes, sir.

5 Q. And he I expect will testify that when you arrived at his apartment, you had with you two vials of a liquid in it. One being a vial with the milky-white liquid, like Exhibit 117A, and another vial with some dark-reddish liquid in it, which sounds like it must have been inosine or vitamin B12 or a mixture of that, and that
10 you had with you a syringe or a needle and that you drew out some of the milky-white stuff into the syringe and drew out some of the reddish-brownish liquid into the syringe and handed it to him and then he gave you a shot. Now, do you remember that happening?

15 A. No, sir.

Q. You don't remember that happening?

A. No.

Q. Now --

A. Normally --

20 Q. I'm sorry? I don't want to interrupt you.

A. I say normally if Charlie would say
that he's going out of town and call Rob Gray to give me a
shot, I assume that Charlie might be able to give him some
25 needles or some drugs to give me. I would never go to his

house. I have my own bottle and, you know, do up my own, you know, things out of it because I would not know how much to use or how much to take.

Q. All right. Now I asked you if you
5 remembered that happening, and you said no, you didn't remember it. Now of course there are two ways of not remembering, in a way. One is I don't remember, it didn't happen; or another is I don't remember, but it could have happened. Can I ask you that? Which is it in your case?

10 A. It could have happened, yes.

Q. It could have happened?

A. Yes. But in fairness to you, you say normally Francis would have made the bottle available to Rob Gray?

15 A. Yes, sir.

Q. Now, we've heard some evidence from both Charlie Francis and Dr. Astaphan that from time to time you had your own bottles of particularly the milky-white stuff. Is that not so?

20 A. Yes.

Q. And bearing in mind that the milky-white stuff was, in terms of the Estragol, was introduced in the fall of 1985, quite likely that you may have had your own bottle of milky-white stuff in the
25 spring of 1986. Is that not so?

A. It could be, yes.

Q. And it's quite likely that you may have had your own bottle of a mixture of inosine and vitamin B12?

5

A. Could be.

Q. And it's also quite likely that you may have had your own needles or syringes?

A. I'm not sure about that.

10

Q. All right. In any event, that would seem to suggest that maybe if Mr. Gray says this happened, that you wouldn't disagree with it?

A. No.

15

Q. All right. Now, I moved ahead of myself into 1986, and I'm going to take you back to the fall of 1985 because in the fall of 1985, Mr. Francis has said that when you started on the milky-white stuff, the so-called Estragol, that you, in particular, used some Winstrol pills or took some Winstrol pills at the same time, and we looked at the pink Winstrol pills this morning.

20

Is it possible or do you remember in the fall of 1985 when you began taking the Estragol that for a two-week period you also did a cycle of Winstrol pills?

A. Yes, that's possible.

25

Q. All right. And then there was another

incident, Mr. Johnson, in the spring of 1986 involving Andrew Mowatt, and he apparently -- do you know Andrew Mowatt?

A. Yes.

5 Q. He was a sprinter in 1986 training with the Charlie Francis group; is that correct?

A. Yes.

10 Q. And he has testified that he was either -- I think he said he was visiting Charlie Francis' apartment, and that when he was there, he was watching TV and you arrived at the apartment and asked him to give him a shot, and --

THE COMMISSIONER: Gave you a shot.

MR. ARMSTRONG: I'm sorry?

15 THE COMMISSIONER: You asked him to give Mr. Johnson a shot, not Mr. Mowatt a shot.

MR. ARMSTRONG:

20 Q. Oh, I'm sorry, yes. You asked Mr. Mowatt to give you a shot, and that again you went to wherever the bottles were available in Mr. Francis' apartment and you took out a vial of the milky-white substance and he said a vial of clear fluid, and that you drew up the liquid from these two vials into a syringe and
25 asked him to give you a shot of that. Did anything like

that happen?

A. No, personally I would never go into Charlie's house and go in his drawer and take out his drugs and stuff. You know, if Charlie is going any type
5 of a function, you know, he normally would tell me that he is going to a function and I might get my shots the day before he left or the next day when I was coming to the track. I would never go there and do such things, no. That's not me.

10 Q. Okay. And Mr. Mowatt went further to say that when you asked him to give you a shot, that indeed you offered to pay him and that he refused that suggestion. You went out, went away for a while, came back and offered to pay him again and he simply gave you
15 the shot without taking any money.

Did anything like that happen, Mr. Johnson?

A. No, sir.

20 Q. All right. Then in July of 1986, you went off to the games in Moscow that we talked about this morning; that is the Goodwill Games where you came first and beat Carl Lewis. Did Charlie Francis go with you to the Goodwill Games?

A. Yes, sir.

25 Q. And you were the only two Canadians connected with track and field who were there?

A. Yes.

Q. And I take it that over the years, you have received shots of both vitamin B12 and inosine right up to the time that you're actually racing; is that not
5 so?

A. Yes, sir.

Q. And did Charlie Francis give you some shots of vitamin B12 and inosine when you were in Moscow together?

10 A. Yes.

Q. Now again, I don't want to dwell on this. I'm just going to come back for a moment. I suggested to you this morning that July of '86 in Moscow was indeed the first time that Charlie Francis ever gave
15 you an injection of anything, but you say no, that that's not so. The first time that you remember was back in Guadeloupe in 1984?

A. Yes, sir.

Q. And that's when he gave you the one
20 shot and you said no, I'll take it from others. Then in November of 1986 in the training period, would you have again in that training period, November-December of 1986, would you have again been on a cycle of injections of the milky-white stuff, the so-called Estragol?

25 A. Yes, most of the time. From time to

time I missed certain times of injections. I wouldn't go to Charlie's house. Sometimes I missed a whole week and he would come and ask me what's the problem. You know, you missed your injection and I said I have got things to do. Something like I'm finished training late at night and I would have to go home and do some things.

So normally I would miss a couple of days and he would be upset and say, you know, you have to take these shots so come back the next day and I would make up back for it and he would give me, like, two cc's.

Q. All right. Now we know, Mr. Johnson, that in the late summer, early fall, and I think indeed it was September the 1st, 1986, that Dr. Astaphan gave up his practice here in Toronto and moved back to St. Kitts.

A. Yes.

Q. And do you remember that's about when it was that he went back to St. Kitts and left Toronto?

A. Yes, sir.

Q. Now, from about the winter of 1984 through to the summer of 1986, I take it that whenever you were getting injections most of the time, with the exceptions that you and I talked about here, most of the time your injections you would be getting from Dr. Astaphan?

A. Yes.

Q. Although you have indicated from time to time there may -- there indeed were others involved. What about Waldemar Matuszewski, the physiotherapist? Did he ever give you any injections or shots?

5 A. He would give me injections and shots of just vitamin B12 and inosine. No form of drugs at all.

Q. No form of drugs at all?

A. No.

Q. All right. Now a number of times when
10 I've asked you questions and you have answered, you have referred to drugs, and there was an example where you say look, he just gave me vitamin B12 and inosine. He didn't give me any form of drugs at all.

Now, do I understand it from what you've
15 been telling me that when you referred to banned substances such as the Estragol, the milky-white stuff, such as the blue pills, such as the pink pills and so on, you refer to those as drugs?

A. Yes. Everything is drugs. Vitamins is
20 drugs, everything is drugs.

Q. But when you are talking about --

A. I understand, yes.

Q. I don't want to put words in your
mouth. I just want to make sure you and I are
25 communicating here. When you are referring to the banned

substances, you tend to refer to drugs?

A. Yes.

Q. And when you are taking vitamins, you
tend to refer to vitamins. When you are taking vitamin
5 B12 and inosine, you tend to refer to vitamin B12 and
inosine. Is that fair?

A. Yes.

Q. Okay. Now what about others in the
group? How did Angella Issajenko, for example, how did
10 she refer to steroids? What did she call steroids?

A. Juice, stuff, those things were her
words.

Q. Didn't she often as well, I think you
told me the other way, she would often refer to them as
15 anabolics, right?

A. Yes, yes.

Q. And others would -- and she sometimes
would say juice, and I'm sorry, what was the other word?
Stuff. Okay. And others would also refer to it as juice?

20 A. Yes.

Q. Others would -- such as Tony Sharpe and
others would refer to it as juice or sometimes roids,
right?

A. Yes.

25 Q. All right. Then with Dr. Astaphan

leaving in September 1986 to go back to St. Kitts and set up his practice there, having left his practice in Ontario, it's clear on the evidence that we have it that so far as you were concerned, that it was Charlie Francis who began to give you your injections on a regular basis. Is that so?

A. Yes, sir.

Q. All right. And for the most part, as you've already indicated, you now instead of going to Dr. Astaphan's office, you would be going to Charlie Francis' apartment to get your injections?

A. Yes.

Q. And typically they would be the injections of the so-called Estragol or the white stuff plus inosine and vitamin B12?

A. Yes.

Q. Or would Waldemar give you the inosine and vitamin B12?

A. Sometimes when I'm fed up with going to Charlie's, wasting time to go over there, Waldemar would give me shots of vitamin B12 and inosine.

Q. All right. Now did you go to a training camp at the end of 1986, in December 1986, in St. Kitts?

A. Yes.

Q. And I think maybe I could be wrong, but
I think that was maybe your first trip to St. Kitts?

A. First trip, yes.

5

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25

Q. And who else went down to St. Kitts with you?

A. There was Cheryl Thibedeau, Angella, her boyfriend, Katie Anderson, the whole group.

5 Q. Okay. Cheryl Thibedeau.

A. France Gareau.

Q. France Gareau?

A. Yes.

Q. Okay. Did Tony Sharpe go down there?

10 A. No.

Q. Okay. Angella Issajenko, she was there, wasn't she?

A. Yes.

15 Q. And you. And do you have any idea what the reason at that time was to go down to the training camp in St. Kitts in 1986?

20 A. No. I was forced to go because at that time I was doing a lot of travelling and I was very tired of travelling. I told my Mom that I wanted to be with my family for awhile.

25 And Charlie and I, you know, getting stuff and like chatting, like not really fighting, but quarrelling over the situation that I have to go down to the training camp to get myself ready for certain meets in Europe in the later season.

So, I end up going down there. I wasn't too happy going down, but after awhile I got comfortable with the place and I like it. And that was it.

5 Q. All right. Well, indeed, it became one of your favourite places in a way, wasn't it, you got to like it quite a bit?

A. Yes.

10 Q. When when you were down in St. Kitts, did you from time to time during the month or so that you were there receive injections of the so-called Estragol or the milky-white stuff?

A. Yes.

15 Q. And you would have received those injections from Dr. Astaphan?

A. Yes.

Q. And presumably you also received the injections of Inosine?

A. And B-12.

Q. And vitamin B-12?

20 A. Yes.

Q. Okay. Now, in 1986, Angella Issajenko has testified that the group who were taking steroids expanded a bit to at that time include a person called Kevin Tyler and a person called Cheryl Thibedeau that you
25 just remembered. Do you recall that that happened?

A. Yes.

Q. They were doing drugs?

A. Yes, sir.

5 Q. And she has told us that at that time
you and Tony Sharpe and she were kind of a close-knit
group. Is that a fair way of putting it?

A. Well, not say very close, but we
trained as a whole team, a group, yes.

10 Q. But the one thing that Angella and Tony
and you at that time in 1986 had in common was that the
three of you had your own secret, if I can put it that
way, that is that you were doing the drugs or doing the
steroids, is that not so?

A. Yes.

15 Q. I just want to -- I think the best way
that I can do this because I think it's quite clear, just
read you a little evidence of Angella Issajenko when she
was here about your group and the fear that she said was
expressed at that time really by you that the group was
20 expanding, and, therefore, the knowledge of the drugs was
expanding.

So, just listen to this with me as I read
it, Mr. Johnson, please. And this is what she said when I
was asking her some questions.

25 She said, "So, we were very concerned

because you can imagine we were a very tight-knit group and whatever -- we had a secret then, and we wanted to keep it that way. And Ben expressed concern to me that whenever these new people came in the group they were --

5 he thought Charlie was telling them about anabolic steroids. And he did not like this. Also Tony Sharpe did not like this. They expressed that to me."

I comment, and then she says, "Because they were new people we did not know where they came from and

10 we didn't know how long they were going to stay. Basically the three of us we didn't trust them because when the circle of drug users becomes bigger then we each know, we all know what each other is doing."

And then the Commissioner makes a comment,

15 Chief Justice Dubin says, "So, the secret is liable to get out, is that what you are saying?" And Angella Issajenko says, "Yes, sir, there was too many people starting to know about it."

And she says that sometime in 1986 and she

20 doesn't put a precise date on it, but that indeed there was a discussion about this and you expressed the concern that maybe the circle of people knowing about your use of steroids was expanding.

Do you remember that at all?

A. No, sir.

Q. You don't?

A. No.

Q. Was there ever any discussion like that?

5 A. There probably were, but I wasn't around, wasn't present.

Q. All right. Well, you, of course, by that time understood that it was important that people not know that you were taking a banned substance?

10 A. Yes, but at that time also Charlie was training with some different people there. I mean he is the only coach there, and I mean he have a lot of things to do, to watch us train, and what we are doing wrong or right. Sometime I have to wait for maybe like 10 minutes
15 before I get my turn to do my workout. And sometimes take like hours to finish.

So, I wasn't really concerned about people coming in. I don't care, because if they want to come in and trying to make a living for themselves doing track and
20 field, that's fine, but I am saying is, you know, for me I want attention because I am more important, not say the rest of group, but a lot of people look up to me as, you know, to do the best I can be.

Q. All right. Well, I think I understand
25 what you are saying. What you are saying is that you were

concerned with the group expanding, that maybe you weren't going to get all the attention that you thought you had been getting and you deserved from Charlie Francis?

A. Yes.

5 Q. And you said there might -- or are you indicating maybe there was a discussion about that?

A. Maybe, I don't know.

Q. All right. But let me just put this to you, Mr. Johnson: you knew that you were taking
10 steroids at that time, and you knew that it was against the rules, and you knew that Angella Issajenko and Tony Sharpe were taking steroids. It would be common, would it not, for the three of you to have that as a secret, and you wouldn't tell people about it. Isn't that fair?

15 A. I guess so, yes.

Q. And wouldn't it only be natural that if some outsider seem to come into the group such as Cheryl Thibedeau and Kevin Tyler, for example, that you wouldn't want them to know that you were taking steroids? You
20 wouldn't want this secret to get out. Isn't that fair?

A. Yes, but Angie make that, I didn't make it up, she did.

Q. So, although she said you expressed that concern, you just say you disagree, you didn't
25 express that concern in a discussion with her or with Tony

Sharpe or with anybody else?

A. No, sir.

Q. All right.

THE COMMISSIONER: And did she express that
5 concern in your presence? Did she discuss it?

THE WITNESS: Yes.

THE COMMISSIONER: She discussed it with
you?

THE WITNESS: Yes.

10 THE COMMISSIONER: I see.

MR. ARMSTRONG:

Q. I am sorry. So, you remember a
conversation like that, but it was she that was expressing
15 the concern, but not you?

A. Yes, sir.

MR. ARMSTRONG: Okay.

Mr. Commissioner, I am going to go on to
1987, and it might be an appropriate point right now, it's
20 five minutes early --

THE COMMISSIONER: I am sure it's been a
long day for you, Mr. Johnson. Mr. Armstrong wants to
break now, he thinks you may be tired. You look pretty
good, he looks tired.

25 THE WITNESS: I am not tired.

THE COMMISSIONER: All right. We will
adjourn until tomorrow at 10 o'clock.

5 --- Whereupon the proceedings adjourned until June 13,
1989 at 10:00 a.m.

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